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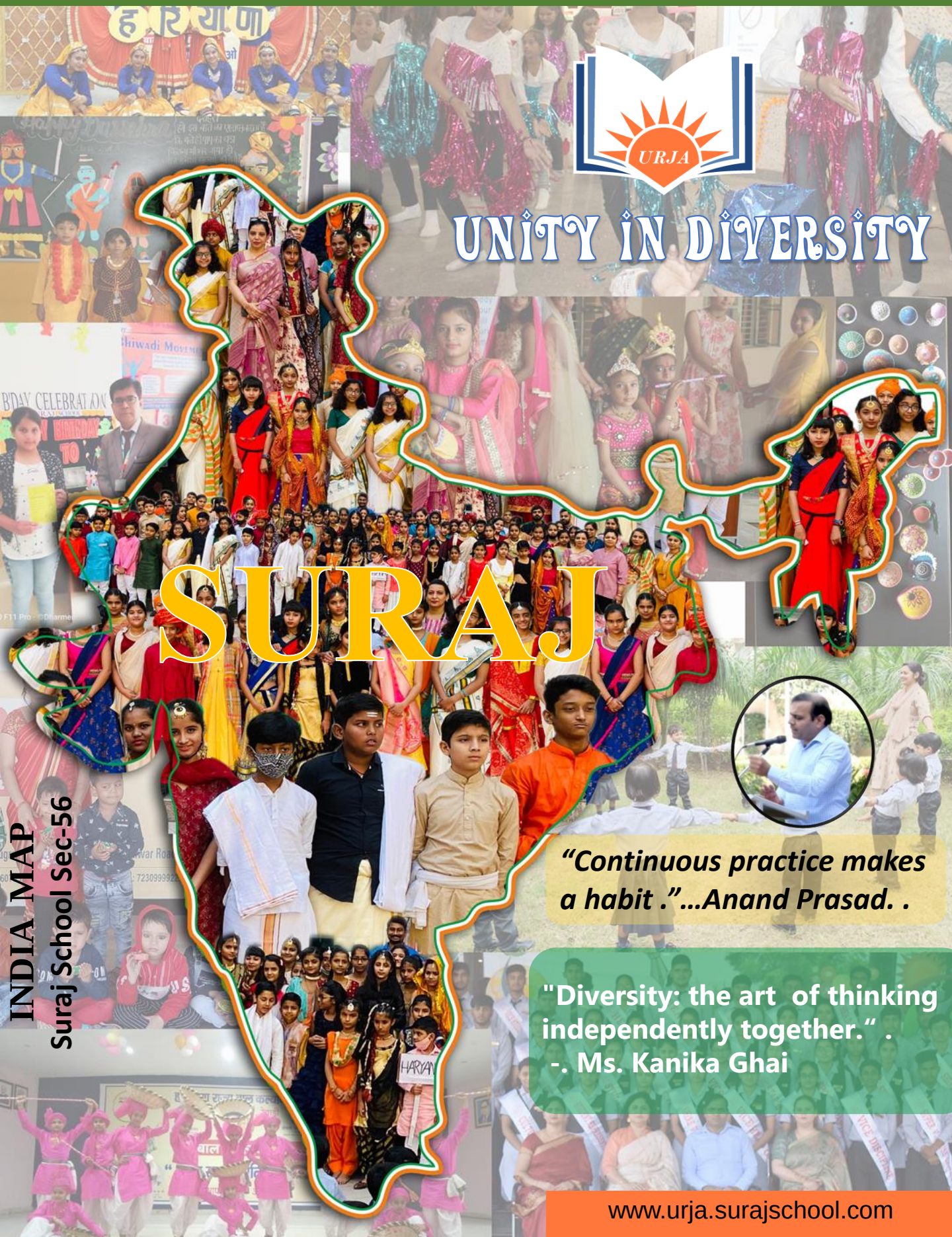
URJA

UNITY IN DIVERSITY

SURAJ



INDIA MAP
Suraj School Sec-56

"Continuous practice makes a habit ."...Anand Prasad. .

"Diversity: the art of thinking independently together." .
-. Ms. Kanika Ghai

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From The Founder's Desk

Dear Readers,

HAPPY HARYANA DAY, DIWALI, GOVARDHAN PUJA, BHAI DOOJ. VISHAWKARMA DAY

It's a matter of great pride that we're coming up with the latest issue of our magazine 'Urja' . I am very happy and delighted with the overwhelming response that our magazine has been receiving. The editors' team tells me that there is an influx of articles and other literary materials from students, teachers, staff and Principals. I personally apologise to those students, parents, teachers and other members of the 'Suraj' family whose articles have not been published due to paucity of space. I sincerely request the editorial board to create more space so that our magazine is able to convey more ideas , view points and expressions.

The magazine gives an insight into the philosophy of 'Suraj Education Group' and the activities and the endeavours into forming a creative and stimulating atmosphere for our students. This magazine is a platform that exhibits the literary skills and innovative ideas of students and teachers. 'Urja' epitomizes the hard work , sincerity and dedication of students and contribution of our teachers. I would like to thank my editorial team for helping me in this endeavour. I express my heartfelt appreciation to the budding authors of our magazine.

Douglas Pagels' beautiful lines come to my mind "Each new day is a blank page in the diary of your life. The secret of success is in turning that diary into the best story you possibly can."
It's your chance to write a beautiful story of your life. Write it!
This is just a beginning. More issues of our magazine will follow and I request and invite the 'Suraj' family - school Principals , teachers, staff , students and parents to be a part of this monthly magazine. It will be an honour and a matter of pride.

Best Wishes!!
Jagdish Prasad (Founder & Chairman of Suraj Education Group)

From The Director's Desk

Nobody can perform well in his/her field if he/she does not practice on regular basis. Continuous practice makes a habit, good and bad habit will change your future.

I strongly believe in Vrind doha.

करत-करत अभ्यास के, जड़मति होत सुजान ।
रसरी आवत जात ते, सिल पर परत निसान।।

Anand Prasad
Director
Suraj Education Group

From The Editor's Desk

This magazine is indeed a pious and our sincere attempt to make our budding talents give shape to their creativity, appreciate and recognize their work because I believe that success depends upon our power to perceive, the power to observe and the power to explore.

I take the opportunity to thank all the contributors as their contribution is the reason that makes this magazine into a reality.

Thanking You!

Vikas Bansal
(Chief Editor)
URJA Magazine

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Continuous Practice Makes a Habit

Dear Parents & Students,

This is a very crucial time for 10th and 12th classes as exams for 1st term are going to be held very soon. Dates and schedules will be declared soon by CBSE. As you know, marks of the first term (50%) and 2nd term (50%) will make your complete result e.g. any student got 80% marks in the first term and 90% marks in 2nd term then his average or final score would be 85%. These marks will be shown in your final mark sheet. This result will help you in deciding which course you should join or which career you should opt.

Another piece of information I would like to also share with students is that as per CBSE Exam guidelines, it might be quite possible that our student's exam center maybe another school and another school got our campus as an exam center. So I would like to clear one thing to every student that don't expect any favor or help they will get either campus comes in our school or not. Success in the study has no shortcut only through hard work it can be achieved.

I advised to you all my dear students, be serious about your study. We observed many students are not serious regarding their studies. Students are not coming to school, neither doing their homework, and they are also not attending their classes regularly and seriously. We are conducting objective papers regularly but many students' response is not up to the expectations.

One thing I would like to mention you that continuous practice makes a habit. If you practice on one thing it will become a part of routine life. Practice will make you perfect. You can better understand with the example of our Olympians winner Neeraj Chopra or other player preparing for Olympics etc. games. Do you think, if they won the medals in a day then it's wrong? To win a medal they practice for so many years and even after winning this medal, they already started practicing for the next Olympics which is going to be held after 4 years. Neeraj Chopra already rejoined his training back at Patiala academy. If some students think their exams are coming and they will crack the exam and will get good grades just studying the night before exams, it's not possible.

For competitive exams you need continuous practice, you need to increase your seating practice. As much as you practice you will achieve more. Assume if any student sleeps at 9PM, he/she should increase his time by changing 9 PM to 9:30 PM, after a few days they need to add 30 minutes more. In this way, they can increase his/ her time to 12PM or 1PM. Science research says within 20 days any person can change his / her biological habit. His/her body accepts that change automatically if anyone does 20 days of practice for it.

I try to connect you with a simple story. Once upon a time, there was a merchant with his 100 camels. Once he was passing through a jungle he thinks to take some rest. He looked around and found a suitable place to take rest. After tying 99 of his camels, he found one rope short and there was no rope left to tie the 100th camel. He tried to make the camel sit with other tied camels but the camel didn't sit, this made the merchant upset.

When a passing sage looked at the merchant upset, and he asked about the problem from the merchant. Sage heard his problem, he started laughing loudly and said, "Tie this 100th camel in the same way as you have tied other 99 camels, but without a rope. As you are doing for the last few years, I mean you should tie this 100th camel with a rope of imagination."

Merchant follows the sage instructions. He pretended to put a noose rope around the camel's neck and tied another end to the tree. As soon as he did this, the third camel sat down very comfortably. Merchant took a rest and slept comfortably. When he got up in the morning, He removed the rope of all camels. All camels got up and were ready to walk but the 100th camel didn't get up.

Merchant was confused and get back to that sage and asked solution for his problem.
Sage said, “Yesterday you tied him with imagination rope, today it will get up when you remove that rope.”
Merchant replied, “But I never tied it, I only pretended to tie it with rope.”
Sage said, “Just like you had pretended to tie it up yesterday, do same and pretend to remove that rope.”
Merchant did same and in a moment camel stood up. Then the sage told the merchant this is a psychological effect. Continuous practice makes a habit.
If you see whoever got success in life, in any field, they worked very hard for it. Only continuous practice helps them to achieve their goals. You can learn and inspire from many of our students who cracked IIT, NEET, NDA, NTSE, Civil Services exams, etc. through their hard work. If you are disciplined and continuously work for your dream you will definitely succeed, but if you don’t do then you can’t be successful. It’s not only about education, but it’s also about any type of skill either it's dancing, singing, sports, you need continuous practice to improve your skills.
I also give you another way of thinking. Tonight, just sit calmly in your bedroom before sleep.
Think where you will find yourself when you are 25. What would be your location, what will be your status? Think if you worked hard, you will get a good score in competitive exams and boards exams. You got a good college and you got an excellent career opportunities in your life. Now, think about what happens if you waste this important time. Answer of this question will help you in developing study habits in you. In life, you may find shortcuts to everything, but for education, there is no shortcut.

Exams Guidelines:
you have left only 1 month. You can download the syllabus from the CBSE website. Our teachers already shared the syllabus with you in groups. You must have a better idea of how many questions and sections will come. How many objective questions will need to attempt? Many students does some common mistakes during exams. They forgot to mention paper code in answer sheets which leads to the computer/ examiner not to check those papers whose code is not mentioned. Papers without Paper Code will be counted as invalid entry and leads to zero scores in that paper.
Assume you have a paper (Code A), which has 24 questions, you need to do only 20 questions. Attempt only those questions, about them you are pretty sure. If computer checking happens then it will pick only the top 20 attempted questions. However, there is no negative marking but my recommendation to you is that attempt only 20 questions.
Practical assessment and theory marks you will get in 1st term will be counted. Students of 10th and 12th students keep in mind that marks of 1st term will be mentioned in your final mark sheet.
CBSE started preparation for your exams, dates will be declared soon.
If you have any queries regarding any topic, ask to our faculty, you can find the solution in your NCERT books. Increase your seating capacity.
Many students are skipping their classes. They don’t know how much they are making their loss. One class means one chapter loss which means a loss of 3-4 marks. Leave all types of carelessness.
Be serious about your studies.
Good results can only be achieved with hard work.
All the best for your exams and future.

With regards,
Anand Prasad
Director
Suraj Education Group

Extract from YouTube Video
(For Youtube Video, click here)

Unity in Diversity

Unity in diversity' is one of the most powerful thoughts India has given to the world. From time immemorial, Indians have never felt the need to bring about uniformity among people. On the other hand, Indians have always displayed unique ability to look through the diversities to explore the innate unity. Innis book The Discovery of India, Jawaharlal Nehru explained this idea of 'unity in diversity' and claimed that it is the defining character of Indian civilization. He writes: "Some kind of a dream of unity has occupied the mind of India since the dawn of civilization. That unity was not conceived as something imposed from outside, standardization of externs or even of beliefs. It was something deeper and, within its fold, the widest tolerance of belief and custom was practiced And every variety acknowledged and even encouraged."

Kanika Ghai | Principal | suraj School Sec-56

Certificate Of Excellence

LEADING LIGHT

This is proudly presented to

Kanika Ghai

Principal

Suraj School, Gurugram

In Recognition For Being A Creative Personality who has risen above change and conventional ways in which the world works. Your Indomitable Efforts and Zeal to do something different and unique in your respective areas has laid a path for others to follow. Your Invaluable Contribution in the welfare of individuals and society is par excellence. You are the trail Blazer of commitment, dedication and hardwork.

Sandeep Marwah
President ICMEI
Chairman Noida Film City

Rajat Shrivastava
Director
Delhi Todays Group

Unity in Diversity

VAASVI
TGT English
Suraj School Sector 56, Gurugram

"We may have different skin colour, different believes, different languages and customs, but we all belong to 1 country **INDIA"UNITY** means 'integrating together' and DIVERSITY means ' having variety' therefore the term 'Unity in Diversity' is basically used for Indians, who dwell together inspite of enormous dissimilarities.India is a Secular Land. At every few kilometres we find variations. People here gel together despite of having disparity in religion, rich cultural, mesmerizing folk songs - dances, pool of delicacies and vernacular languages. Festivals play an essential part in strengthening unity as people par religious believes come together to celebrate Holi, Eid, GuruNanak Jayati, Christmas etc with same zeal and enthusiasm.All these things documents unity in diversity in an undocumented manner and we as Indian citizens are proud to co - exist and have 'ekta mein unekta'.

" Ray of light"

How does it matter?

If I don't stop as long as I go slow!

If I am not ready for a leap but

want to go with the flow!

How does it matter?

If I have gathered just pennies

not pounds

Of living life one merry go round.

But I believe

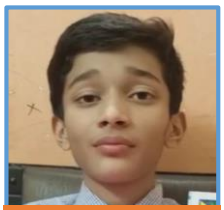
I'll rise like the day

And do it a thousand times again,

In spite of the pain

Ruchi Singh
Suraj School Sec-75

An Amalgamation of
Unity in Diversity



Naved Aslam 6 A1
Suraj School Sec-56

Concept of unity in diversity

Unity in diversity is defined as the **concept of showing unity without uniformity and diversity without fragmentation**. It is used to show the unity between a group of individuals despite them being from different religions or cultures. ... Individuals from different religions live with peace

Example of unity in diversity

Religion, caste, food habits, languages and social customs, etc. are the examples of unity in diversity. Explanation: **India** is a brilliant example of unity in diversity. In India, people of diverse religions, cultures, castes, sects, etc.

Importance of unity in diversity

Unity in Diversity is important to follow in schools, colleges, workplaces, public places, etc. When we work with diverse people, it provides **an opportunity for exposure** and also increases our tolerance for other people. Unity in Diversity makes us respect others opinion and also improves the quality of teamwork.

Some Question On Unity in Diversity

Q1- How do you promote unity in diversity ?

Ans- In order to promote unity in diversity, we should consider a number of steps. First, **there needs to be proportionate development**. Second, we should respect the will, aspirations and needs of the people. Third, we should identify genuine problems, ascertain their root causes and address them appropriately.

Q2-how do you archive unity in diversity ?

Ans- Respect each other's choices as well as their social, economic and political background.
Despite having difference of opinion, let others express their views and give them their space and time.
Allow human interaction without questioning one's religious,
social and economic standing.

Q3 what is importance of unity ?

Ans- . **Unity is needed for survival**. As we all know unity protects us from all the evil doings, hence we people should help each other and together we should fight and face the evil and negative things, when we together stand only then we get freedom from all kind of negativity.

A Land of Colourful Festivals

Anwesha Das 9th N3
Suraj School, Sec. 75

The birth of Hinduism took place in the Indus valley civilization, Which means its origin dated back to the 2300 BCE. Unlike other religions Hinduism doesn't have a founder. People believe that this faith existed in the hearts of people from long time. The festivals of Hinduism are different in different regions. Some have different names. There are infinite number of Diets in Hinduism but the main beliefs are in: Brahma, Shiva and Vaishu. The major festivals in Hinduism are: Maker Sankranti, Shivratri, Holi, Ganesh Chaturthi, Dussehra and Diwali. As in later India, India was divided into the hands of many rulers. Making it easier for the Mughal to capture it. When the Mughal Dynasty came into power it brought Islam religion with them. The many sculptures that were built by the Mughals. The Taj Mahal built by Shah Johan is one of the seven wonders of the world. The main festival in Islam is Eid also known as Eid-al-fitr. God or as Allah has no body. Islam rejects any form of god. Eid is celebrated as the end of the month long, dawn to sunset fasting of Ramadan. The Mughals ruled us for a long time but every great thing has an end. With the downfall of Mughals came the British. And brought in Christianity. The main belif of Christian's are in lord Jesus Christ who is said to be the son of God sent to earth. The day Christ was born is celebrated as Christmas. Apart from Christmas — Good Friday, Halloween and many other festivals are celebrated. These were the major religions of India. Apart from these there are also: Buddhism, Jainism, Sikhism etc. India is brought together with these festivals. Our religious beliefs maybe different but when it comes to celebration our religion doesn't matter to us anymore. This is the specialty of India which makes us unique. From ancient times now matter how hard times had fallen it is impossible to break our unity. This is how we maintain our Unity and Diversity through Festivals.

FESTIVALS OF INDIA

Vidhi Tyagi 10 NTSE
Suraj School, Sec 75

A festival is a gathering of people to celebrate something. It can also refer to a day or more when people in a country have a holiday so that they can celebrate something. Festivals may be religious or national. We live in India; *"THE LAND OF* *FESTIVALS".* India is one country where every religion and community celebrates their own festivals. There are festivals based on state wise, religion-based, and community-wise. So, every day is a new celebration in our country. Festivals are very important. They make us forget our cultural and religious differences. They unite people and they come together for the sole purpose of celebration and happiness. Other than this, festivals also help us embrace our culture and religion. Morever people look forward to festivals all round the year. At last I want to say that , festivals fill our lives with colors. They bring us closer every year and eliminate any feelings of communal hatred. Further, they strengthen the bonds of the community and remove the hatred from people's hearts. Therefore, festivals are quite important and must be celebrated with passion and happiness too.

WE ARE A RAINBOW, LET'S REMAIN SO

A rainbow is beautiful not because it has different colours. It is beautiful because these different colours shine together.

They don't go away from each other. They don't boast of their supremacy. They don't try to overwhelm each other. They complement each other to create beauty through the gloomy sky.

That's the power and magic of unity in diversity! And that's what makes our India so special

We are a rainbow

We are a nation of numerous colours. India is a marvel of diversity. So many different languages, religions, customs, festivals, cuisines. Every community in India has its significance, its specialty. But alone, none of them can make what India stands for.
Like a rainbow needs all its colours to be whole, India needs all its communities to remain one.
We are strong together. We are beautiful together.

We need to say no

Let's not make selfish motives of greedy leaders ruin this beautiful unity of diversity. Let's not make anyone disturb the beautiful rainbow that we all create together.
Say no to hate.
Say no to hateful messages on social media. Say no to propagating hurtful rumors.

We need to say yes

Say yes to peace. Say yes to progress.
Say yes to honesty.
Say yes to maintain clean and green environment And say yes to unity and togetherness.

PRIYA 8SP1 | Suraj School Rewari

UNITY IN DIVERSITY

Unity in diversity is a concept which signifies unity among
individuals who have certain differences among them. It is basically, mutil understanding and have many among group's of individuals with a mutual of differences in them of race, caste, culture, religion
Due to unity in diversity people would suspect the opinion of others and their interaction would build and, tolerance in peoples. Just because of this there is development of twist, and bonding among peoples of diverse groups Unity in diversity Lead to solve many problems of peoples related the society because in this peoples' of one culture tend to interact with diverse culture peoples which increases mutual respect among peoples
Humanity and likelihood of people hello them to maintain unity in diversity here. Peoples should have to give high importance to the spirituality, Karma and sanskar instead of
their material wealth. This
the act will bring the movie
4 we see, India is a brilliant example in Unity in diversity's Our first PM Pt. Jawaharlal lal Nehru gave most importance to this concept. Only because of this democracy is stable in India. The overall conclusion is that unity in diversity
unbeatable progress of a country,

Neha 2
Suraj School Rewari

AN AMALGAMATION OF UNITY DIVERSITY

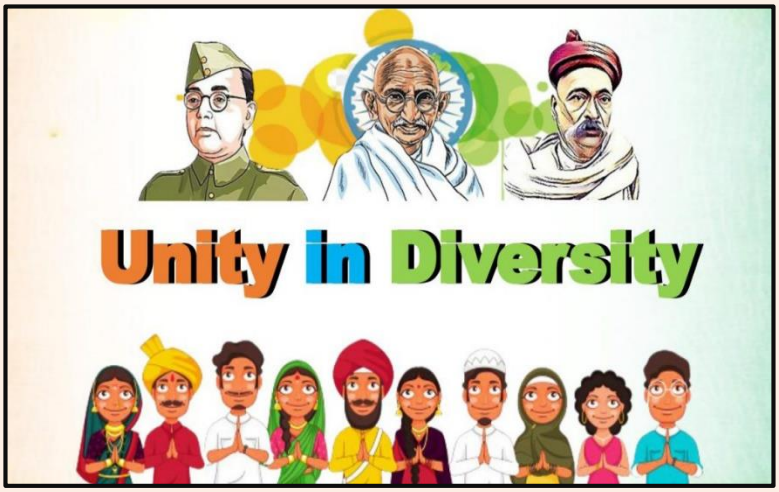
India is a country with a diverse culture Different ethnicities and rich heritage.
Every citizen of India realizes
the significance of festivals in the country Numerous celebrations take place in India in a year with a diversity of festivals. From Holi to Diwali , from shivratri day is commemorated with a distinct attribute. most Indian festivals signify the importance of religious day significant Along these lines, there is Diwali, the most prominent festival of all for the Indians. Diwali to signify the severe of Lord Rama to home after defeating King and saving his wife , goddess Ganesh Chaturthi is another Indian festival
of great significant especially in Maharashtra And the five southern states.
The festival marks the birth anniversary of word Ganesh. Talking about nine days, the Navratri is another important by Hindus across the world, festival signifies the victory of goddess Durga buffalo demon mahishashur, on the last day of festival, known as Vijay dashiki or Dussehra , a figurine of Raman mark the victory of good over evil, Indian festival Celebrated the oven the is being

kishan Yadav
Suraj School Rewari

An Amalgamation of Unity in Diversity

Priya Kumari
Suraj School Rewari

The heterogeneous nature of India is perfectly exemplified in the form of its festivals. There is a catalogue of festivals that celebrated whole heartily by the Indians population. Ranging from Diversely, Holi Ganesh Chaturthi till EID and Christmas, the people of India relish la diverse array of festivals. The varied festivals, not only reveal the religious diversity but also the cultural amalgamation, existing in the country festivals bring out charm and excitement in people and they celebrated that thought gifts. Sweets are a natural part of happiness. It signifies a good event taking place. Festivals are the ideal occasions to take a break from and create memorable times. This cultural harmony has also been recognized by our constitution. Article 51A constitution underscores its importance when it say that it shall be the duty of every citizen of India to value and presence the rich cultural heritage of our composite culture. All the people of different religious, culture and many more celebrate together. There are no discriminations made for participating in each other's happiness. Festivals signify the importance of religious duties. The best part about the festivals to in India is that they are based on variety of factors such as change of season harvest Movement of the moon and the uniqueness lies in their propagation of some issues, that of tolerance, sacrifice and Victory



Diversity of India

1.The India subcontinent show variety in every respect.
2.It has many religions like Hinduism,Islam,Sikhism, Christianity,and other tribals.
3.India is a multilingual country with different kind of scripts and speeches. But despite such variety and multiplication. India is one nation.
4. No one hesitates in calling himself/herself an Indian.
5. It has a populous democracy in the world.
6. Apart from different cultures, castes, creeds they still live together.
7. India is also known for its historical heritage and spirituality.
8 . India is famous for the common saying of "Unity of diversity".

YAKIN 4TH SP1
Suraj School Rewari

बेटी की पुकार

एक नन्ही-सी जान
कोख में करने लगी पुकार।
जीने दो ना माँ मुझे भी
क्यों नहीं इतना अधिकार।।

मैं भी तेरे आँचल के तले
पुष्प बनकर महकना चाहती हूँ।
पापा की उंगली पकड़कर तेरे
आंगन में चहकना चाहती हूँ।।

कभी ना शिकायत करूँगी तुमसे
भैया से ना रखूंगी कभी
कौन सा पाप हो गया है मुझसे
जो हो गई सबसे पराई।

इंदिरा, कल्पना, रानी झाँसी पर
क्या दुनिया को आज नाज नहीं?
मुझे भी मौका दो जीने का
करू विनति आज तुमसे यही।

मैं बेटा न होकर बेटी हूँ
क्या यही मेरा कसूर है?
गर्भ में ही बेटियों को मिले मौत
क्या यही दुनिया का दस्तूर है।

यह सिलसिला चलता रहा तो
धरा से मानवता मिट जाएगी
मत मारो मुझे गर्भ में माँ
बाद में खूब पछताएगी।

Name = Vanshika
9S

Suraj School Kosli

कविता

मुश्किलों में भाग जाना आसान होता है,
हर मोड़ पर जिंदगी का इम्तिहान होता है,
डरने वालों को कुछ मिलता नहीं जिंदगी में,
संघर्ष करने वालों के पैरों में जहाँ होता है।

जिंदगी बहुत कुछ सिखाती है,
थोड़ा हंसाती है, थोड़ा रुलाती है,
खुद से ज्यादा किसी पर यकिन मत करना।।

क्योंकि अंधेरे में तो परछाई भी साथ छोड़ देती है।
सोच को अपनी ले जाओ उस शिखर तक,
कि उसके सामने सारे सितारे झुक जाए।
चलो कि इस शान से कि तूफान रुक जाए।

हर एक जज्बात को जुबान नहीं मिलती,
हर एक आरजू को दुआ नहीं मिलती।
मुस्कान रखोगे चेहरे पर दुनिया है साथ,
आसुओं को तो आँखों में पन्नाह भी नहीं मिलती।

Suraj School Kosli (Rewari)
Palak
9s1

Suraj School Kosli

वह चिड़िया जो-
सुंदर वन में
मीठे फल खा लेती है
हरी-हरी घासों के ऊपर
चाव से उड़ लेती है
वह चिड़िया मैं हूँ
मुझे वन से बहुत प्यार है।
वह चिड़िया जो-
खुले आकाश में
पंख फैलाकर उड़ लेती है
फिर धीरे-धीरे नीचे आकर
गेंहू के दाने खा लेती है
वह चिड़िया मैं हूँ
मुझे उड़ने से बहुत प्यार है।
वह चिड़िया जो-
नदी में से
जल की बूँद ले जाती है
ऐसा साहसी काम करने वाली
वह चिड़िया मैं हूँ
मुझे नदी से बहुत प्यार है।

Suraj School Kosli

Suraj School Mahendergarh

Unity in Diversity

India is a country with various traditions and culture. The cultural heritage of our country makes us feel proud of our country. In India, there are people with various lifestyles, languages and so on. Still, people in our country are united when any issues arise. India is the best example for "Unity in Diversity"

Unity in Diversity signifies the Importance of togetherness and unity among different culture, religion, class, language and ideology when coming together and live in peace with each other is called unity in diversity

Unity in Diversity suggests the relationship among people of different religion, caste, sex and creed. For instance, If we think about School, Collage, and public places, there are different people that live and work peacefully with each other without any disappointment.

India has many religions like Hinduism, Islam, sikhism, christianity, and other thribles India is famous for common saying 'unity in Diversity. So we have to maitain 'unity in Diversity

The festival of lights Diwali has been around for a long time. According to Hindu mythology, Lord Rama returned home to Ayodhya on this day after killing the demon king Ravana. Upon the arrival of their king, the residents of Ayodhya lighted the streets and houses with oil lamps to celebrate the occasion. Since then, the Hindus have been following the tradition by celebrating the festival with pomp and fervor. It is easily the favourite festival for kids as they get to eat their favorite sweets and wear new clothes.

Created by
Chahat _VI
Suraj School, Bhiwadi

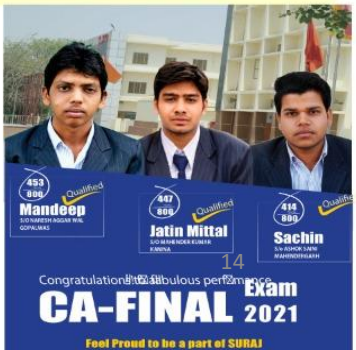
India is a country that accommodated several religions and cultures, so it is obvious thing to have many festivals because people from different faith reside here. Another religion celebrates various festivals in their way.

The culture of celebrating different festivals in one country shows the unity and diversity of the country. Festivals bring joy and happiness to everyone and children wait for celebrations.

There are more than 30 festivals celebrated in India, including religious festivals, national festivals, harvesting festivals and seasonal festivals. Some of the common festivals in India are Holi, Diwali, Dussehra, Onam, Pongal, Gandhi Jayanti, Christmas, Eid, Guru Nanak Jayanti, Independence Day, Republic day, etc. In India, people celebrate every festival together, forgetting the boundaries of religion and culture.

These festivals depict the victory of good over evil and teach us the lesson of living life with joy and happiness.

Created by
Shreya Saini_VIII
Suraj School, Bhiwadi



Festivals of India

Welcome to India,
A heaven in the world.
Famous for its festivals,
All are like carnivals.

It's Holi or Diwali
Make our life blissfully
Christmas , Eid or Teej
Makes us bliss

Jyoti 11 Humanities
Suraj School, Sec 75

We cement our ties
With the Happy eyes
People come together
Forgetting their rivalry And strive
Till the very end
All became one.

Festivals

Festivals are party.
Baisakhi and Diwali,
Guru Purab and Holi.

Festivals are party.
They promote unity. They promote diversity.
It is an amalgamation for unity in diversity. Celebrated in village and city.

Festivals are party. Diwali is of light,
Christmas is of night, Holi is of colour,
Baisakhi is of flavour. Festivals are party.
Food is hearty.

Festivals are party.
Lovely dress,
No more stress.
Festivals are party.

MAHI 7 SP1
Suraj School Rewari

त्योहार

है त्योहारो का देश रंगीनदुनिया है जिसके अधिन
मैं बात कहुं उस देश की
भारत भूमि है जिसकी प्रवीण

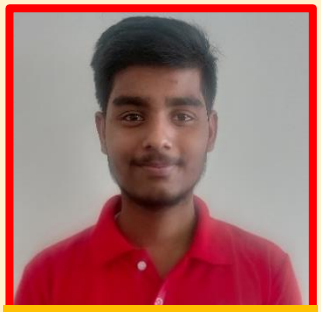
है कई त्योहार इस देश में
पर क्या कहुं किसी एक का
हिंदू, मुस्लिम सिख ईसाई
सभी त्योहार में है प्रत्येकता

है त्योहार का देश रंगीन
दुनिया है जिसके अधिन
कभी राम गए पिता वचन निभाए
कभी श्याम गए पिता प्राण बचाए
एक परो दीपावली नाम
तो दूजो परो गोवर्धन धाम

बैसाखी का त्योहार आया
अपने साथ है खुशियां लाया
चारों तरफ है छाया फसलों की बहार
आओ मिलकर करो भंगडा यार
फ़सल कटी है खुशियां छारी
चारों ओर है न्यारी वाली
है त्योहारो का देश रंगीन
भंगड़ा वाली शाम रंगीन

रंग रंग करते आया
होली का पावन त्यौहार
दुश्मनी दोस्ती भूलकर लगे गले और बांटे प्यार

देखो क्रिसमस है आया
चारों और बर्फ है छाया
क्रिसमस ट्री लगाकर
करे सेंटा का इंतजार
बच्चे बैठे गिफ्ट लेने
सेंटर है थोड़े लाचार
Ho- Ho- Ho करते आए
बच्चों के पास दिए गिफ्ट
और सेटा लगे नाचने बच्चे
बोले मैरी क्रिसमस सेंटा।।



शुभम सिंह | 11(मानविकी)
सूरज स्कूल (Sector 75)

Ritu M2 XII Com

Topic Integrity in Diversity Date

Integrity in diversity is defined as the concept of showing unity without uniformity and diversity without fragmentation. It is used to show the unity between a group of individuals despite them being from different religions or cultures.

"Where there is unity there is victory."

The term unity in diversity relates to the togetherness or integrity shown by people despite the presence of infinite diversity. Integrity in diversity is a unique feature of our country that binds everyone together to maintain peace and brotherhood. Integrity in diversity is very important for our country as we know it's very easy to divide people based on their beliefs, culture, ideology etc. If unity is shown by people it will give us global recognition. If the people of India show unity despite all the differences it will in turn help in maintaining national integration, people can live and work together peacefully.

Last but not least unity in diversity will help in the growth and development of our country.

"United we are strong and if divided we will fall"

Ritu 12 m2
Suraj School Rewari

Festivals - An Amalgamation of Unity in Diversity.

By Roshani

Introduction :-

As we all know India is a country of unity in diversity. It is a melting pot of various cultures and traditions. It is land of diversity in terms of race, religion, caste creed, language, customs, etc. People of different religions have visited india and influenced and adopted its culture resulting in a bouquet of cultures. India is known to respect the co-existence of different religion. India is known for its cultural diversity and colourful festivals. Like- Diwali, Dussehra & Eid, Republic Day, Independence Day & Gandhi jayanti are regarded as national festivals of India. Agriculture is the primary occupation in india. Various States have a festival to celebrate the harvesting of crops. Some harvest festivals are- Onam in kerala, Pongal in Tamilnadu, Bhogali Bihu in Assam and Sankranti in Gujarat, Bihar, uttarpradesh etc. Gudi Padwa in Maharashtra.

Roshini 12 t2
Suraj School Rewari

Festivals of India

We celebrate all the festivals with fun, joy and together.

There are 2 types of festivals.

1. National festivals
2. Religious festivals

Starting with national festivals:

Republic day is celebrated on 26th January and Independence Day on 15th August this our national festivals.

Religious festivals

Diwali

Diwali is also known as the festival of lights.
People decorate their home with Diya, candles, flowers and rangoli.
Hindus worship Goddess Lakshmi for wealth and wisdom.
On this festival people exchange gifts and sweets.
They enjoy delicious feasts and wear new clothes.

Holi

Holi, is a religious spring festivals celebrated by Hindus.
It is a festival celebrated with colour, water and the exchange of sweets.

Dussehra

It's one of the festival that we elebrated for victory of good over evil.
Durga Puja, onam and Pongal are the festivals celebrated in different parts of country.

Thankyou and have a nice day 😊🙋

Rashmi
6th Shine 3
Suraj School Rewari

Amalgamation of Unity in Diversity.....

The Indian subcontinent shows variety in every respect. India has many religions like Hinduism, Islam, Sikhism, Christianity, and other tribals. India is a multilingual country with different kinds of scripts and speeches. But despite such variety and multiplicity India is one nation. No one hesitates in calling himself an Indian. It has a populous democracy in the world. A part from different cultures, castes, creeds they still live together. India is also known for its historical heritage and spirituality. India is famous for the common saying of "Unity in diversity".

Suraj School Rewari

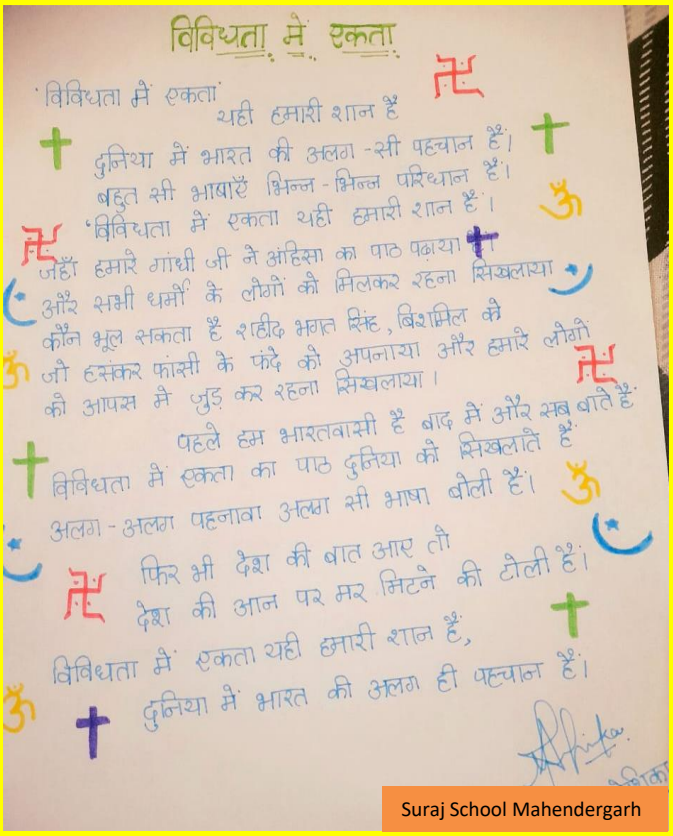
An Acclamation of Unity in Diversity

Festival is a time when people celebrate any religious event. India is a home to a huge diversity of cultures , religions and languages so, festivals like Eid and Christmas are celebrated with a sense of brotherhood among the Hindus , Muslims , Sikhs , Christians and others festivals had promoted unity in diversity in india , as these are the occassions which specifies the greatness of happiness and move away sadness , festivals **promote to keep attach to the origins , societies , values and conserve it** ..it is the occassions and paths to which people collectively celebrate and meet.

Celebrating our differences, as well as our common interests, **helps unite and educate us**. To understand other's perspectives, to broaden our own, and to fully experience and educate ourselves.

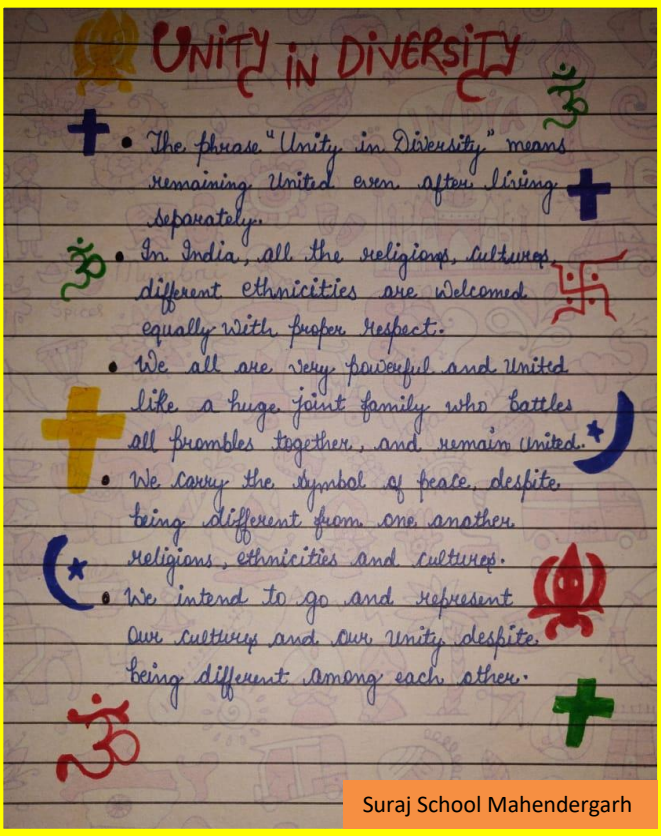
Geographical Unity: India has its own fixed natural boundary, because of which different communities are forced to live together. ...
Religious Unity
Cultural Unity
Linguistic Unity
Political unity
Racial Unity
Emotional Unity
India is a land of **unity in diversity** and numerous celebrations take place in India in a year with a wide variety of festivals. ... From **Holi to Diwali**, from Shivratri to Eid, each day is commemorated with a distinct attribute. And we should all enjoy it cheerfully.

Siddharth singh Class - 5
Suraj School Sec-75


विविधता में एकता

विविधता में एकता
यही हमारी शान है
दुनिया में भारत की अलग-सी पहचान है।
बहुत सी भाषाएँ भिन्न-भिन्न परिधान हैं।
'विविधता में एकता यही हमारी शान है।
जहाँ हमारे गांधी जी ने अहिंसा का पाठ पढ़ाया
और सभी धर्मों के लोगों को मिलकर रहना सिखलाया
कौन भूल सकता है शहीद भगत सिंह, बिस्मिल को
जो हँसकर फांसी के फंदे को अपनाया और हमारे लोगों
को आपस मे जुड़ कर रहना सिखलाया।
पहले हम भारतवासी हैं बाद में और सब बाते हैं
विविधता में एकता का पाठ दुनिया को सिखलाते हैं
अलग-अलग पहनावा अलग सी भाषा बोली हैं।
फिर भी देश की बात आए तो
देश की आन पर मर मिटने की टोली हैं।
विविधता में एकता यही हमारी शान हैं,
दुनिया में भारत की अलग ही पहचान हैं।

Suraj School Mahendergarh


UNITY IN DIVERSITY

- The phrase "Unity in Diversity" means remaining United even after living separately.
- In India, all the religions, cultures, different ethnicities are welcomed equally with proper respect.
- We all are very powerful and United like a huge joint family who battles all frombles together, and remain United.
- We carry the symbol of peace, despite being different from one another religions, ethnicities and cultures.
- We intend to go and represent our cultures and our unity despite being different among each other.

Suraj School Mahendergarh

An Amalgamation of Unity in Diversity

India is an amalgamation of 28 states and 8 union territories which is augmented by the islands like Andaman and Nicobar Islands and the Lakshadweep . India is one of the vast countries with extraordinary characteristics and diversity in terms of its geographical, linguistic, religious, social-cultural features etc.India is a museum of various customs, cultures, creeds, social system, races and tongues but still, there is unity in all the diversities Amalgamation of unity in diversity.

Unity in diversity is used as an expression of harmony and unity between dissimilar individuals or groups. It is a concept of "unity without uniformity and diversity without fragmentation" that shifts focus from unity based on a mere, tolerance of physical, cultural, social, religious.
Unity in diversity certainly enhances the quality of teamwork. This is because of the development of trust and bonding among people.

In India, people of different religions live together in peace and harmony. All of us are living in different environment where people of diffberent religions respect each other and live together like friends, sisters, changeg cousins etc.

Suhani
Suraj School Rewari

Unity in diversity is one of the best quality of India. This colourful variety of country make our country a major attraction for tourists that is beneficial for Economy.

Unity in India is the best model of unity in diversity people living with various religions and cultures follow the same laws as laid down by the Constitution of India.

Unity in diversity is very much important for a country.

FESTIVALS

Festival are like new start to people.
In India there are different festival across different religion. Festivals are the ideal occasions to take a break from stress and create memorable times.The main festivals celebrated in India are Diwali, Eid, Baisakhi, Christmas, etc. Festivals are connected around the world with nature and culture.
Because of festival people from Different religion , country unite together and celebrates it with joy and happiness. India is a land of diversity therefore, it is suffice to say that the number of festivals we enjoy is one of the ways in which it makes us Feel proud of it.

Ojashvi 8'h spark3
Suraj School Rewari

Some animals are serving Nation,
Some people are becoming
Animals and engulfing it.
We might 've gotten
Independent on 15th August 1947,
But , we still are slaves of poor
mentality and ruining our beautiful
heaven.

We are famous for unity in diversity,
But here some people
Differentiate on the basis of
Caste, Creed and Races.

Our INDIA has beautiful Kerala,
hilly Himachal, holy Orisha, and city
which is dream tour of every youngster, Goa.

Every state has it's own beautiful
world , language and amazing aura .
Our Nation was known to be the sparrow
of gold ,
Every INDIAN unites when it Comes to
our INDIA , rather it be a kid or an old.

RIYA AGGI PGT | Mathematics
Suraj School Rewari

An Amalgamation of unity in diversity

India is a land of diversity .india is a secular country having diverse rlegions, language ,customes and traditional
This is the reasons why Indians celebrate many festivals throughout the year . festiaval celebrate bring happiness and joy to all.festival play an important role in your life .festivals are ideal occasion to take a break from stress and create memorable time .the main festival celebrate in india are Diwali, eid, Christmas, holi ,baisakhai etc. National festival like independence day, Republic Day create a brotherhood .india is a land of diversity thus we enjoyed it very much and we make us feel proud of it

Name :tarun Yadav
Class :7 sp 3
Roll no :21
Account number :8097

Suraj School Rewari

UNITY IN DIVERSITY

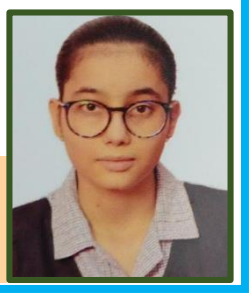
There are many different states ,
Where people eat in different plates .
They eat different food,
They workship whom they choose.
They wear different dresses ,
But all have beautiful faces .

PAYAL YADAV 7TH SP³
SURAJ SCHOOL REWARI

Though people have different styles,
All the time they have similar smiles.
The states are equally good,
And people eat different food.
All the states are equally beautiful,
To keep them clean we must be careful .

FESTIVALS OF INDIA

```_There is a country in a sphere
Where festivals celebrates with pleasure,
There nights turn into days
With sweets, crackers and amaze,
Where sadness changes into bliss
This happens with holy days,
This country is known as India
Where nights glows with diya,
People are dancing, children are playing
Each and every person is enjoying,
Gifts of Christmas, colour of Holi
Love of eid, Lights of Diwali ,
Not only this but many more
Are the festivals that you don't know,
Now
Darkness are gone lights are on
Celebrate fest with full
mood on_ .



**Vidushi Attri**
**11 Humanities**
**Suraj School, Sec 75**

## FESTIVAL OF LIGHT.

By AMIT KUMAR SINGH

Diwali :- Dipa : meaning row, and Vali : meaning lights.

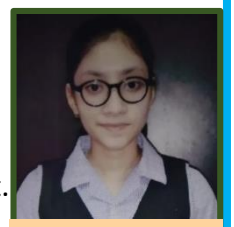
Diwali is traditionally known by the name of 'festival of lights", for the common practice is to light small oil lamps (called diyas) and place them around the home.We celebrate Diwali as Lord Ram came back to Ayodhya after defeating Demon Ravana and spending 14 years in Exile. Although Diwali is a significant festival in Hinduism, Sikhism and Jainism, many legends are associated with Diwali. Southern India marks it as the day Lord Krishna defeated the demon Narakasura. In Jainism it marks the nirvana of Lord Mahavira, which occurred on October 15, 527 BCE. The Sikhs celebrate Diwali for a different reason as on this day, the Sixth Guru, Guru Hargobind Ji, was freed from imprisonment along with 52 Hindu Kings.

The word Diwali is a shortened form of Deepavali, which comes from the Sanskrit word dipa : meaning row, and vali : meaning lights. On this Diwali we are taking you all on a Tour of India to get to know how people celebrate the Festival of Lights in their respective regions.

**Suraj School -75**

Where Am I?

I'm in the colourful land
Known as India
Various religions, faiths , abundant,
Living together Welcome Love in our hearts.
Let's start the festive season,
Sometimes Christmas, sometimes Diwali
Sometimes Eid, sometimes Baishaki,
Celebrating with Happiness , joy
Hilarious , cheerful
Welcoming festivals,
Music is blooming
People are dancing, Smell of good food,
hungry, weird and wonderful
From the way I dance
It shows Festivals are going,
But we all together staying
Till next, Festival time
Good bye my friend - unite we meet.



Najish 11 Humanities
Suraj School, Sec 75

Suraj School Kosli

परिवार से बड़ा कोई धन नहीं
मां की छांव से बड़ी कोई दुनिया नहीं
पिता से बड़ा कोई सलाहकार नहीं
बहन से बड़ा कोई शुभचिंतक नहीं
भाई से अच्छा कोई भागीदार नहीं
इसलिए परिवार के बिना कोई जीवन नहीं

किस्मत से मिला है प्यारा भरा परिवार,
मिले यही जन्म-जन्म है बस दरकार।
रखूंगी मैं अपने परिवार को सम्भालकर,
नहीं तो यह रह जाएगा बिखरकर..!!

मेरा परिवार दुनिया में सबसे अच्छा परिवार है।

Suraj School Kosli
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UNITY IN DIVERSITY

Unity in diversity in a phrase that signifies the unity among people with diverse cultural, religious, beliefs, social status and other demographic differences.

This phrase has its origins, since ancient time , it is used to demonstrate unity among the individuals or communities unity in India is best example of unity in diversity because living with different religion and culture we follow the laws as laid down by the constitution of India.

"Unity, not uniformity, must be our aim. We attain unity only through variety. Differences must be integrated, not annihilated, not absorbed."

This is an ancient phrase was previously used by various societies in North America and China , around 500BC. Unity in diversity is very important for country because it is very easy to disintegrate people with views and ideologies

Diya Class -7SP3
Suraj School Rewari

An amalgamation Unity in diversity

As you know that every one is not of same religion. But we all are equal. We should treat everybody equally. All religions have their own food, lifestyle, gods etc. And the main thing is festivals. As you have seen that we all celebrate Christmas even this festival is of Christians. That's why we all are equal. We should never discriminate among people. I hope you had learnt a lesson Thank you

Avni Raghav Class - 5A
Suraj school -75

INTEGRITY IN DIVERSITY

India is an absolute example of Integrity in Diversity

In India, people of diverse religions , cultures , castes, sects, etc. have been living together. Furthermore, they have been wing together in many centuries. This certainly shows the intense tolerance and unity
of the Indian people. Hence, India is a country which perfectly demonstrates integrity in Diversity!
Integrity in Diversity is a concept which signifies unity among individuals who have been certain differences among them. These differences can be on the basis of culture , language , ideology, religion, sects, class, ethnicity, etc. People have consistently shown this praiseworthy behavior almost everywhere on Earth. The concept has certainly resulted in the ethical and moral evolution of humanity.
India is a big country. Her civilization is around 6000 years. She has given birth to the world's most important cultures and religious. She has also accepted different cultures of the world. People of many. races have come to India and settled here . Unity and synthesis are the "embodiment of Indian Culture. India has achieved cultural unity by fusion of many cultures. She has assimilated the good qualities from all cultures. Various cultural groups live side by side in India
This has made Indian Society a multi various cultural society. Integrity in Diversity is very useful for a diverse country, Above all, the concept allows people of different Religions , cultures , castes, to live together peacefully. The belief of unity in Diversity certainly reduces the chances of riots & disturbances. In recent times, there has been a cultural reawakening among youth who have become aware of the beauty of our art forms, crafts and have started talking.

Anirudh
Suraj School Rewari

FESTIVALS

Diwali is one of the most beautiful Festival of India.
The festival celebrates in the month of October or November every year.
Lord Rama came back to Ayodhya on this day. He lived in exile for fourteen years.
Holi is on of the most popular festival Of India.
Holi is called colour festival of India. This festival celebrated on full moon day in the month of Phalgum.
Dussehra is a major Hindu festival.
The other name of
Dussehra is Vijayadashmi

Anant 4 Sec-shine 3
Suraj School Rewari

Topic amalgamation of two cultures

unity in diversity

The varied festival ,not only reveal the religious diversity but also the cultural amalagamation , existing in the country .The festivals such as Ganesh chaturthi, Pongal and Onam are celebrated in some part of India and yet they are considered major festivals of the country . The best part about the festivals in India is that they are based on variety of factors such as change of seasons ,harvest and movement of the moon and the uniqueness lies in there propagation of same virtues , that of tolerance , sacrifice and victory .

The diverse nature of India makes it a melting point of culture and festivity .To rejoice the festivals of multiple religions and cultures is a joy to be celebrated .

The heterogeneous nature of India is perfectly exemplified in the form of its festivals . India is a land of diverse culture and religion .It is the only country that willfully withstands the slogan ' Unity in Diversity ' .There is a catalogue of festivals that are celebrated wholeheartedly by the Indian population . Ranging from Diwali , Holi , Ganesh chaturthi till Eid and Christmas , the people of India relish a diverse array of festivals .

The varied festivals , not only reveal the religious diversity but also the cultural amalagamation existing in the country. The festivals such as Ganesh Chaturthi , Pongal and Onam are celebrated in some part of India and yet they are considered major festivals of the country . The best part about the festivals in India is that they are based on the variety of factors such as change of Season , Harvest movement of the moon and the uniqueness lies in their propagation of same virtues that of tolerance, sacrifice and victory.

The diverse nature of India make it a melting point of culture and festivity . To rejoice the festivals of multiple religions and cultures is a joy to be celebrated.

Shallu 8th shine 4
Suraj School Rewari

Unity in Diversity

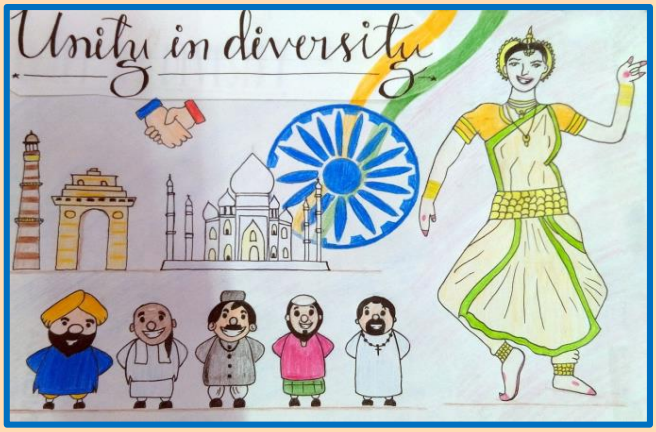
The phrase "Unity in diversity" means remaining United even after living separately.

In India, all the religions , culture different ethnicities are welcomed equally with proper respect.

We all are very powerful and United like a huge joint family who battles all problems together, and remain unite.

We carry the symbol of peace despite being different from one another in religions , ethnicities and cultures.

Vanika 5th shine 3
Suraj School Rewari



UNITY IN DIVERSITY

Harshita 6th SP1
Suraj School Rewari

Inequality is the integrity of "Unity in Diversity". India is a country that proves the concept of "Unity in Diversity" in a good way. India is famous all over the world because the character of "unity in diversity" is seen here. "Unity in diversity" is the strength of India which today recognizes India as an important quality.

"Unity in diversity" has been encouraged for the great national integration characteristic of the country, which, in spite of many corruption, extremism and terrorism, will also be the basis of India's strength and prosperity. Generally people living in different states are different in their language, culture, tradition, apparel, festivals, forms etc. (Bengali, Maharashtra, Punjabi, Tahitian, etc.); Yet they call themselves Indians who exhibit "unity in diversity".

OUR INDIAN CONSTITUTION SHOWS UNITY IN DIVERSITY IN INDIA

A constitution is an official document with specialized legal expertise, which sets out the framework and core functions of the organs of state, and sets out the principles that govern those functions.

In 1938, Jawaharlal Nehru, instead, the Indian National Congress (INC) declared that 'the free constitution of India must be formed without external interference. The meeting was attended by the representative of all sections of the Indian-Hindu, Muslim, Sikh, Parsis, Anglo-Indian communities, Indian Christians, SCs and STs including women of all denominations.

According to the preamble, India is a sovereign, socialist, special, and the democratic republic. The word "emperor" emphasizes that India is no longer dependent on any foreign power. The term "socialist" refers to a form of ownership and distribution by the state. The term "secularism" refers to a state that does not have its religions as an accepted state religion. He treats all religions equally. The term "democracy" indicates that the constitution established a democratic form of government.

The constitution, through its fundamental rights, fundamental principles and principles, created a world government based on the principles of equality and non-discrimination. Judiciary after a thorough consideration of the constituent assembly.

Justice is the only way citizens can apply the principles of the constitution and protect their rights. The constitution of India pays special attention to providing an effective legal solution. As Article 32 empowers the court to issue orders or directors, including writs in the forms of habeas corpus, mandamus, prohibition, quo warranto, and certiorari, whichever is appropriate, in the enforcement of any fundamental right, Indian justice brings measures such as public interest litigation, right to information and gives all children the right to education. And the intergovernmental relations for this purpose were to ensure national unity and integrity while simultaneously carrying out the task of economic reconstruction through democratic means and to achieve this goal and to meet the special needs of India.

VANDANA CLASS - VIII SP1
SURAJ SCHOOL REWARI

बाल कविता

चुलमुल से बच्चे घर की जान होते हैं
हर एक परिवार की वो शान होते हैं
प्यारा सा चेहरा बड़ा हँसाता है
रोते हुए भी खिलखिलाता है।

हंसना रूठना रोते रहना
घर के आंगन में शरारते करते रहना
खेल में हार कर स्वीकार ना करना
मुँह फुलोकर आँसुओं का समुंदर बहाना ।

हंसने का मन करे तो बेवजह हंसते रहना
रोने का मन करे तो बस रोते रहना
ना कोई समझ है ना समझदारी है
बस अपनी मां बड़ी प्यारी है ।

सारे जहां को सिर पर उठाए रखना
अपनी शरारतों से सबको पीछे भगाये रखना
पकड़े जाने पर बस रोते जाना
बिन समझ ही बहाने बनाते जाना ।

ना खुशी की परवाह ना ग़म की परवाह
ना अपनी परवाह ना दूसरों की परवाह
बस मां की गोद में ही सोते रहना
हर पल हंस हँसकर हँसाते रहना।

चुलमुल से बच्चे घर की शान होते हैं
हर परिवार की वो शान होते हैं।

Neetu (Pre-Prt) Suraj School Kosli

An Amalgamation Of Unity In Diversity

Festivals in India are nothing less than a grand celebration event. The religious aspects, spiritual connect and social connectivity has a strong wireframe through the celebrations.
Every festival across various religions in India have an Indianans to it. It's like add a pinch of salt to your favourite dish. Unity shown amongst these celebrations are revered to by the International community. Across community lines celebrations are carried out . Few of the examples below bear witness to these:
Witness to the grand celebration of the festival Ganesh Chaturthi celebrated across the nation but prominently in Maharashtra. Across the religious faiths, people take part in the celebrations and the arrangements.
The Muslim community of Mumbai community also takes part actively in the pandas preparation, decoration and other activities. They have been part of the celebration for years together, they participate with the same enthusiasm as others.
Yet another example is Onam, the new year festival of Kerela. Kerelites even though divided over various religions such as Hindu, Christians and Muslims, converge together on the day of Onam. Onam is celebrated with great pomp and grandeur scale of preparations and celebrations such as elephant processions boat races etc.
Well referring to Christmas , it's celebrated throughout the world across various bands of religions and diverse national populations. Indians get together on the joyous occasion of Christmas and celebrate it together as all other festivities. Reference to the various choir groups that travel across states, cities, residential colonies spreading love, music and positivity through their singing across various people. Others, do welcome them with warmth.
And thus, conclusively festivals across our country is always been a celebration of Unity in the diversity of our people resulting in an amalgamation of unity in diversity.

Degree College Gurgaon

"From Offline to Online"

After two years of pandemic it was time to open the doors for fresh air and happy faces.
So much of emotional and physical trauma. But like always "This too shall pass". 22nd August 2021,my first day in school as a teacher for grade 3rd,I was super excited!!!!!!!!
Yes! more than the kids!!!
To look again at a group of students sitting happily in a classroom. All of them were decked up in crisp and clean uniforms waiting eagerly to meet their teachers. Innocent faces wearing smiles all the time which often broadened to a grin in between. Finally ,we were all set to start the offline mode as well. Yes!
It was quite a task to juggle between both offline and online modes but we have adjusted and adapted as goes the saying
" The art of life lies in a constant readjustment to our surroundings"
Praying that everything goes well from now.

Ruchi Singh
Mentor of Grade --3rd
Suraj School Sec - 75

PARENTING AMIDST THE PANDEMIC

The pandemic indeed brought about many challenges to the parents as children spent most of their time inside their houses themselves. The virus though gave serious setbacks to the world, it gave new impetus to parents who could hardly spend their days with little ones before the outbreak. If you're a parent and looking for parenting tips, we have managed to carve out a few for you. They are easy and simple to follow. Here are some of them:

1. Win your child's trust

The first thing psychologists suggest while interacting with children is to make friends with them and win their trust. If you can win their trust and befriend them, your job as a parent is half done. Kids are tender creatures of God. They need love, care, and friendship to thrive. Be the support they need. There are a few things that would help you gain their trust. These will also help you to befriend them. Some of those tips are mentioned below:

- Asking them about their likes and dislikes
- Talking to them about their school and friends
- Responding to them at the first call
- Playing with them with their toys
- Making them do things they love unless it harms them in any way

2. Talk to them about the virus

Apart from getting close with your children, you must make sure that you keep them aware of the virus too. Talk to them about what precautions they should take when somebody comes inside the house. Assign them some of the responsibilities related to the virus viz. reminding elders to wear masks while going out or washing hands properly or making everyone aware about the sanitization.
By having a word with kids about the virus, you are contributing a lot in getting over this situation. They are indeed vulnerable to the virus but we can leverage their excellent memory to keep ourselves updated regarding the precautions of the virus.

3. Channelize their energy in the right direction

Researches show that children do naughty stuff because they do not find much to do during a lockdown. Boredom makes them do things that are not suitable for them. As a responsible parent, your job is to channelize their energy in the right direction. Some of the tasks you can assign to your kids are as follows:

- Draw or sketch anything of their choice
- Make lists of plastic or metal items in the house
- Solve puzzles
- Making them clean their room within the time given
- Assigning them petty tasks and chores

4. Celebrate special days and organizing surprise parties

The kids always love to do things that are a little unconventional than a normal day. Celebrating special days with them will bring you even closer to them. Be it their birthdays or a religious event, celebrate with them. Show exaggerated enthusiasm and make them feel that you are equally enjoying with them. Respect their ways of understanding things and listen to their perspectives.
Pandemic has given parents opportunities to invest a large amount of time at home. It is apparent that

parenting amidst the pandemic and celebrating special days are very much aligned with each other. Make the most out of it. Make their days with little things each day.

6. Make a To-Do and checklists for them

Children usually do not follow a certain to-do list or checklist because they cannot go through them each day comfortably. Parents can work and make a to-do list or checklist for them. It's one of the best and most recommended ways of engaging with children. Once you start making those lists for them, not only you are engaging with the child's day-to-day life but you are also making them use to a more disciplined and scheduled life.

Such engagements bring about the best in your child and prepare them for the uncertain future. So make sure to create such lists during the morning breakfast or any other time of the day.

You can also help them design a gratitude list also. In this list, ask them to write the good things about the family members. Ask them to keep adding new things at the end of every week.

7. Showering love and care during the bedtime

The love and bond created during bedtime are of profound one. Be it before they sleep at night or after they wake up in the morning, children want someone to be there for them. It gives them a sense of safety and comfort. If you are planning to give the love your child deserves, make sure to shower love and care during bedtime.

Some of the tips for parents to showcase their love during bedtime:

Read them bedtime stories

Share your stories

Kiss their head before they go to sleep

Put on a smile when you see them in the morning

8. Application of positive reinforcement for little things and avoiding punishment

The best way to teach a child is through giving incentives and positive reinforcements. Reinforcements and incentives push the child to perform outwardly and do better in things they are instructed. They act as a medium of extrinsic motivation for the kids.

As you are spending most of the time at home, teach your children knowledge and values through incentives and reinforcements. Avoid any sort of punishment because that would further alienate you from the child.

Those were some of the do-able tips for parents during the pandemic. It is evident that children are our posterities and they will constitute our societies. Working with them, making them more disciplined, planning the days with them, and involving in their important lives are some of the ways to nurture them. Through parenting, they can be molded in the right direction.

Manisha Yadav | T.G.T science
Suraj School Kosli

SELF ESTEEM

Anju Yadav (T.GtSst)
Suraj School Kosli

Self esteem also known as self respect. It is the confidence in one's worth or abilities. Self esteem is shaped throughout one's life. It will increase and decrease throughout life but with essentially remains at the same level. Self esteem has both positive and negative affect depending on if an individual has low or high self esteem. Self esteem significantly affect the child's development in regulating Their emotions to support healthy and positive interpersonal relationships. Children with higher self esteem display higher confidence in self expression, giving and receiving love, development of judgement etc. Moreover children with low self esteem often and show negative emotional response, aggression and a pessimistic outlook.

"Your success will be determined by your own confidence and fortitude"

KICK OFF YOUR FEARS

I wasted years of my life waiting for some fears to disappear, magically! But it never happened. My dad helped me realizing that fears never quit, avoiding them is not the solution. Once he said, my child if you expect that feelings of fears will stop itself then you will wait forever. I felt powerless if fears don't go away then how can we overcome them?

To this question of mine he answered that being courageous does not mean you will never feel afraid, it would be very harsh and selfish of me to say this, he said.

So if I feel fear, does not mean I am a coward?

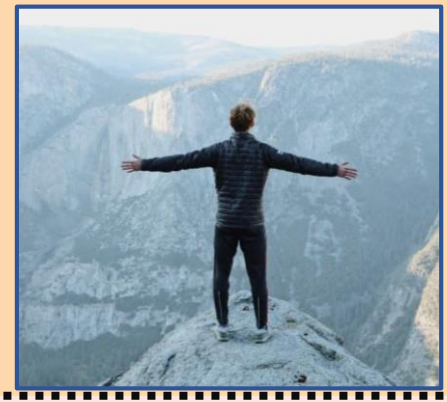
He laughed and said no, no not at all! The true definition of fear is not allowing fears to stop you from moving forward. Courage is not a feeling, it is a decision to not to be controlled by the feelings of fear. I took these lines seriously and made this courageous decision that I would not allow my fears to control my life but I would do every possible thing to kick them off! And this decision of mine taught me an important lesson that if we would not destroy our fears then our fears will surely destroy us some day!

Keep moving forward!

Keep shining!

Good luck!

POOJA YADAV
TGT SCIENCE
SURAJ SCHOOL KOSLI



TEACHERS - AS ROLE MODELS

Saroj Karwasra
PRT SST
Suraj School Kosli

Teachers are role models for young children. They are all the time, directly and indirectly influencing their students throughout the time when they are in touch with them.

As children are the future of any country, the models these children follow should be absolutely exemplary. Teachers are the only single community of elders who can have a very far reaching effect on the younger generation. To some extent, I feel that teachers have a greater influence on children than their parents. Children admire their teachers, respect and copy them. Just for this reason, a teacher should be an adult who is a blend of all good qualities of head and heart.

For children a teacher has to be a perfect model as perfect as no one else in the eyes of the child Teachers are thus, all those people who participate in shaping the destiny of the younger generation.

TIME MANAGEMENT

Antim (PRT)
Suraj School, Kosli

"Time and Tide wait for none". This is a well-known proverb, which means a lot in life, especially for a student life.

Time management is the ability to utilize time efficiently. Whether you are student, businessman, serviceman or any other, it is essential to make good use of one' individual time "If you can't manage your time, you won't beagle to manage Any other part of your life". Time is limited, once gone, it never comes back. It is thus important for you to make the most of it. so, be more productive by effectively managing time.

Self-love is not a choice, Its what you need in your darkest, saddest and hardest time.

Sometimes life leaves you with only two choices, and that two choices are that you don't want either. One takes you towards your doom and the other let you live with the constant reminder of pain. Pain that again and again takes you to the same path where you started from. Your heart says to end it once for all and stops that bloody brain from screaming inside. But that heart of yours, damn it never wants to loose. But you know in this fight between your brain and heart who suffers the most, your soul !

Its not easy to say goodbye. It never was and never will. But what if you could not find the light, no matter how hard you try. You could not find the part of you that was left somewhere you don't know. Loosing is always painful no matter how big or small your loss is. Whether it was the loss of your favorite toy without which you could not sleep when you were kid or losing your best friend because she had to go to another place because of her father's transfer. Losing your crush at teenage or losing a grandparent whom you loved the most. It is never easy to overcome from that loss.

But in the fight of moving on or staying in that grief what we loose always is a part inside us, and that part is you. We always try to make others happy. We always try to love others more than ourselves. We always brainstorming this and that or kept busy our heart to search answers for us. Maybe its time now that we give value to ourselves and make us asset to ourselves not others.

Giving pain to yourself is not the solution. So when you are faced with two deadly choices you don't want either, always try to find the third, fourth, fifth or so on. Keep smiling, keep loving yourself forever.....

Anisha (PGT English)
Suraj School Kosli

जिंदगी में हौसला

अनिता हिंदी (PRT)
सूरज स्कूल कोसली

जिंदगी में आगे बढ़ने के लिए हौसला सबसे बड़ी जरूरत है | जहाँ हौसला होता है वहाँ मंजिल मिलनास्वाभाविक है | जहाँ इंसान अपने आप को कमजोर समझ लेता है, समझो उसका पतन वहीं से शुरू हो जाता है॥ हमें अपने आप को इस कदर मजबूत बनाना होगा कि कोई भी नकारात्मक भाव हमारे अंदर ना आ पाए |इसके साथ-साथ ये भी जरूरी है कि हम परिस्तिथियों के दास न हो, बल्कि परिस्तिथियों को अपने अनुरूप बनाकर चले | क्योंकि कवि दिनकर के शब्दों में : -

"लक्ष्मण रेखा के दास तटो पर आकर ही फिर जाते हैं" |
"वर्जित समुद्र में नाव लिए स्वाधीन वीर ही जाते हैं" |

किसी भी जंग को जीतने के लिए उसकी रणनीति को समझने के साथ ही इस जहन में हौसले की सबसे बड़ी आवश्यकता है | हौसले के साथ बनाई गई रणनीति जीतने की आशाओं को बल देती है | बिना रणनीति बनाएँ मैदान में उतरने वाले को हमेशा हार का सामना करना ही पड़ता है | अगर सही रणनीति एवं मन में हौसलालेकर आगे बढ़ा जाए तो जीत निश्चित है | तभी तो किसी ने कहा है कि :-

पैरो से नहीं, हौसलों से उड़ान होती हैं |

AN AMALGAMATION OF UNITY AND DIVERSITY

Unity, usually it means the situation in which people work together. In India we can easily see unity in diversity. We Indians have a different language in each and every state. We have different food, culture and festivals in every state. We have people of different religions here as Hindus, Muslims, Sikhs, jain, parsi and Christians. Person of every religion is free to live according to their own religion. We give respect to each other's religion and culture, which shows the love and peace between us.

We have such a rich culture in which we preach and practice ' Atithi Devo Bhava'. Our guests are treated as Gods and we have to serve and treat them with respect and love, without thinking about their religion or language. Everything that becomes a norm in a society becomes a culture and we have such strong norms in every state of the nation. In India, we have diversity in cultures, rituals and food habits. Every state has its own culture. This make India's culture a rich heritage and diversity. Food is the most important part of any culture, and India has a unique and wide range of it. We have delicious food in every state. We appreciate and respect each and every difference with love here in India. We celebrate festivals together. We enjoy food together. We enjoy the different dance forms and appreciate lovely handloom items made by different state in their own art. We can proudly say that we can see lot of examples of unity in diversity in India.

Deepika Bhardwaj | TGT English | Suraj School Bhiwadi

Tips for parents on handling Substance Abuse

The World Health Organisation (WHO) defines substance abuse as harmful or hazardous use of psychoactive substances, including alcohol and illicit drugs. Psychoactive substance use can lead to dependence syndrome – a cluster of behavioural, cognitive, and physiological phenomena that develop after repeated substance use and that typically includes a strong desire to take the drug, difficulties in controlling its use, persisting in its use despite harmful consequences, a higher priority given to drug use than to other activities and obligations, increased tolerance, and sometimes a physical withdrawal state.

Signs of Substance Abuse

There are different signs of drug abuse. In general, people who use drugs or alcohol typically display health issues; like, a neglected appearance, changes in behaviour and irregular sleeping patterns. They also make repeated requests for money.

Psychological signs of substance abuse

Physical signs

Bloodshot eyes
Flushed skin
Track marks or abscesses
Weight loss or gain
Impaired speech or coordination
Unusual smell in breath or clothing
Inability to sleep
Poor hygiene

Behavioural signs

Inability to focus
Problems in school or with authority
Lying and deceiving
Mood swings and instability
Hyperactivity or lethargy
Loss of inhibitions
Indifference to family or obligations
Unexplained guilt
Depression
Decline of self-esteem
Self-hatred, which may lead to self-mutilation

What can parents do?

A child's relationship with his or her parents has a deep impact on their decision making. There is a delicate balance between being a positive role model for your child and being a smothering or overprotective parent. Eventually, teens have to make choices for themselves, and some of those might be poor. However, parents can take certain actions to reduce the likelihood that their children will experiment with drugs. Some of these actions include:

Know Their Friends

Your child's groups of friends play an immense role in their attitudes on drugs. As children make transition in life, move through school and meet new people, they are likely to bounce around different circles. Some of these people may convince them to experiment with alcohol and other drugs. Parents should get to know their children's friends. It's important to know who your child hangs out with and be cautious of harmful influences. If you notice a negative change in your teen, identify the friends they are spending time with. Encourage your child to hang around the people you consider to be positive influences.

Model Good Behaviour

Socialization process and parents have the biggest influence on the child's life. An unfortunate number of parents dissipate this responsibility with careless personal habits. Something as seemingly innocuous as
smoking cigarettes or drinking cocktails can set an example for your child's future behaviour. Parents need to be cognizant of their influence, and should do their best to model good behaviours while in the presence of their children. Research shows that adolescents tend to imitate their parents' behaviour, including alcohol or other drug use.

Create a Positive Environment

Parents need to go beyond modeling good behaviour and should create a positive environment for their child. In teenage years, children need a home that reinforces their good behaviour and builds

their self-esteem. Teens who doubt themselves or feel disregarded by their parents are often the ones who seek alcohol or other drugs. Parents should be as involved in their child's life as they can. Motivate your children to strive for excellence and ensure that they have a positive self-image. Diminish stress and practice stress-relief strategies with your children to teach them healthy ways to relax.

Talk to Teens

Early Research studies indicate that approximately nine per cent of parents do not teach their children about the dangers of drug abuse. Overwhelming evidence shows that a parent's lessons and involvement reduce the risk of substance abuse habits, particularly when started at an early age. Therefore, it is crucial for parents to talk to their children early and often about the drugs they may encounter. Let them know the dangers of getting involved with drugs and that you find it unacceptable.

Warn About Peer Pressure

Whether from new friends or strangers, teens will encounter peer pressure during their middle or high school years. When you discuss drug abuse with your kids, be sure to warn them about peer pressure and how to handle it. Explain to your children that peer pressure is the influence you feel from others to do something you otherwise would not. A peer could be a friend, coworker, classmate, acquaintance or anyone you admire. Peer pressure may occur directly or indirectly. Direct pressure involves peers explicitly asking you to do something. Indirect pressure
happens when you witness others engage in an activity and are motivated to do the same. The famous slogan "Just Say No" is a basic template for dealing with peer pressure.

Warn your children that peer pressure can take many forms, and sometimes the friends your teen trusts the most end up being the ones who encourage them to experiment with drugs. Teach your children how to identify these situations, and how to be above the influence of their peers. They may tend to think that saying 'no' makes them look uncool. It is important to let them know that resisting peer pressure, and not following the crowd, may be the coolest thing they can do.

Recognize what drugs look like, how they are consumed, and how they are stored

For example, marijuana is generally smoked. This is done by rolling marijuana in paper. It can also be cooked in foods. Crack cocaine is smoked in glass pipes or snorted, typically using a straw, rolled dollar bill, or a small spoon. Heroin is injected typically into the arms or legs. Drugs such as marijuana are stored in small plastic bags, foil packets, or film canisters.

Enforce Consequences for Drug Use

Establish clear rules on the unacceptable use of alcohol and other drugs early in a child's life. If they violate the rules of the house, make sure there are consequences. A lack of repercussions can lead to repeated experimentation and drug abuse. Parents can foster good behaviour by suspending a teen's privileges or enforcing some other consequences for abusing drugs

Monitor Their Activities

Parents should try their level best to keep tabs on their child's schedule and whereabouts without looking intrusive. If they mention any parties or sleepovers, make sure you know and trust the parents or chaperones who are supervising your children. Children should not have any inhibition or problem sharing this information with you. If they hide or are reluctant to tell you, that might indicate a problem. Do not let your children stay out too late or attend any gatherings
that seem suspicious to you.

Parents whose children are into substance abuse should be familiar with the typical hiding places for drugs (especially at home). These include but are not limited to: stuffed toy animals, stereo speakers, the base of lamps, books/ magazines, CDs, vents, closets, pillows, parent's room, car trunks, bushes, soda cans, etc. While monitoring their activities this closely may seem invasive; a study revealed that high levels of parental monitoring are associated with low frequencies of substance use.

Alka Yadav | (PGT Chemistry)
Suraj School, Kosli

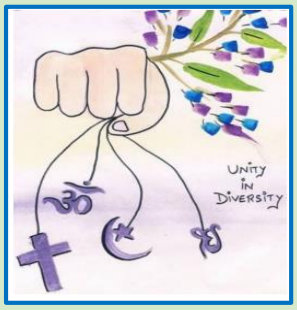
FESTIVALS : UNITY IN DIVERSITY

Sonam Yadav
Senior Coordinator
Suraj School, Rewari

Festivals of India bring out the real colours of our nation's unity in diversity. India is a country with a different culture, ethnicities as well as rich heritage. From Holi to Eid, each day is celebrated with pomp and show. It is observed that people from all culture come together and celebrate the festivals creating reach communal harmony. Festivals like Eid and Christmas are celebrated among the Hindus, Muslims, Christians, Sikhs and others with a sense of brotherhood signifying communal harmony in our country. Indian festivals offer us much excitement and are celebrated with great enthusiasm. Some of the main Indian festivals are Rakhsa Bandhan, Teej, Ganesh Chaturthi, Janmashtami, Durga Puja, Dussehra, Diwali, Pongal, Holi etc.The festival like Dussehra and dramatic enactment of the virtues versus vices filled story is organised by communities and villages and cities attracting audiences from different social background as well as enrich them with rich Indian heritage.

Indian people also hold great regard for the national festivals like Gandhi Jayanti,Independence Day, Republic Day, Martyr's Day etc. which are symbol of unity, patriotism and progress. We all stand united as Indians while singing our national anthem irrespective of our religions as well as regions. We are great all over the world due to virtue of unity in diversity.

'AN AMALGAMATION OF UNITY IN DIVERSITY'



An amalgamation of Unity in Diversity means remaining united even after living separately. When the people of different religion, race culture ,different ethnicities are welcome equally with proper respect. This is called Unity in Diversity. India is the best country proving this concept for many years.
Indian culture is an amalgamation of different tradition and customs and how different communities present and organized themselves in term of morality and etiquette. This unity among all the people in this country shows our strength and our richness in culture. Each and everybody is individually respected and given importance.

Despite having different festival in belonging to different regions, we celebrate it together. With so many religions in the picture, everyday marks some celebration or others. There are festivals like Diwali, Holi, Durga Pooja, Lohri, Eid-al-Fitr and many more. We celebrate these festivals together.
Although we may speak different language we are different clothes and follow different religion we belong to one country and stand united as Indians. We Indians are like a giant tree which has many branches and leaves but has one trunk that connects us to our roots. The presence of such vast number of cultures, languages and religions prove the phrase'an amalgamation of Unity in Diversity'.
'Unity in diversity':
This is God's supreme secret in His cosmic game.

Mrs. Sushma | TGT English
Suraj School Rewari

FESTIVALS AN AMALGAMATION OF UNITY IN DIVERSITY

As we know life without colours is boring and to paint a beautiful pictures we need different colours to be integrated in a creative and pleasant way. So as our India presents.
India is a hub of diverse culture which have their own ways to resemble it and the most eminent way to resemble any culture is its festivals more diverse are the festivals are colours of our pictures.

India bit only has many colours are so intervention and so sentimentally used that the whole population enjoys its no matter to which culture ,caste or to which religion they belongs . The ultimately things which helps us to enjoy every colour of the painting is our unity our integrality and moreover our understanding of every nature. But at the last the most Important thing is the unity itself which makes anyone felt the pleasure of diversity thus we all should respect the unity and integrity of a nation.

Jyoti Sigroha
Suraj school, Rewari

An Amalgamation of Unity in Diversity

Unity in diversity helps everyone to stand together. India is a vast country with an over whelming population and a wonderful amalgamation of cultures that bring out the beautiful blend that India today. It is a fascinating feat in itself that so many people belonging to such different creed and culture altogether call India their home! The sheer variety and number of all the festivals in India will tell you the story of the unity and solidarity that India stand up for. They are the true manifestation of the diversity of India. Diversity in our religion never created any differences in us wisdom like **Holi, Eid -ul -fitr, Durga Puja, Diwali ,Christmas, Onam, Buddha Purnima, Baisakhi, Ganesh chaturthi, Parsi new year.** These Indian celebrations are a treat for all our senses, while we celebrate the vigour life, just for the sake of it.
"We all are Indian and we celebrate all festivals in every religion. That's why it is called incredible India."
In India all religions, cultures, different ethnicities are welcomed equally with proper respect.

Jyoti Bala TGT English
Suraj school, Rewari

Festivals are part of ones custom culture and tradition. Every festival belonging to any religion comes to us with all pleasures ceremonies and charm. Each festival has got its own importance. It may belong to any religion but we have derive our pleasures in it. In every festival delicious food is prepared at home. Diwali is the most prominent of Hindu festivals. It is the festival of lights. On this day Hindus celebrate the return of Lord Ram to Ayodhya after the victory over Ravana. Ram Navami is celebrated as the birthday of Lord Ram. Durga Puja is famous festival. Goddess Durga is worshipped for five days. Holi is a festival of colour. People through colour on one another. Eid is famous festival of Muslim. Christmas is the most important festival of Christians. It is celebrated as the birthday of Lord Jesus on 25th of December. Festival should be celebrated with simplicity. People belonging to other communities should be invited during religious festivals. This will help in promoting national integration and communal harmony

Poonam Verma PRT Suraj School, Rewari

INDIA – CULTURAL UNITY IN INTEGRITY

Our country has a diverse culture, different ethnicities, and rich heritage. Every citizen of India realizes the significance of festivals in the country. Numerous celebrations take place in India in a year with a wide variety of festivals. From **Holi** to **Diwali**, from **Shivratri** to **Eid**, each day is commemorated with a distinct attribute.
Most **Indian festivals** glorifying the importance of religious deities and an occurrence that marks the day as significant. Along these lines, there is Diwali, the most prominent festival of all for the Indians.

Festivals Signifying Religious Deities

Ganesh Chaturthi is an Indian festival of great significance, especially in Maharashtra and the five southern states. The festival marks the birth anniversary of Lord Ganesh. People celebrate the festival by placing idols of every size of Lord Ganesha at every nook and corner. In some states, the festivities go for as long as nine days.
Talking about nine days, the **Navratri** is another important Indian festival. Celebrated by Hindus across the world, the festival signifies the victory of Goddess Durga over the buffalo demon Mahishasur. The festival spans over nine nights where many Indians observe fasting. On the last day of the festival, known as **Vijayadashami** or **Dussehra**, a figurine of Ravana is burnt to mark the victory of good over evil.
Hindus celebrate Diwali to signify the return of **Lord Rama** to home after defeating the evil King Ravana and saving his wife, Goddess Sita. For all the Hindus, Diwali holds a great value in their hearts. People eagerly wait for this festival, especially kids who like to burn crackers honoring Lord Rama's triumph.
All the auspicious Indian festivals are celebrated in absolutely unique ways. n Holi, the festiwal of colors, where the colors are thrown onto one another as a part of the celebration. And on Bhogi and **Lohri**, a bonfire is made to celebrate the festival.

Secularism

In India, festivals like Eid and Christmas are celebrated with a sense of brotherhood among the Hindus, Muslims, Christians, Sikhs, and others. It is common to see people exchanging festive foods on these festival days. This signifies communal harmony in India.
Apart from these major festivals, the numerous tribes of the country celebrate hundreds of festivals, with enthusiastic energy each distinct from the other.

Few more Festivals of India :-

Festivals in India are not only celebrated as a sign of a religious sacrament. **Sankranti** is celebrated on 15th January to mark the end of Winter and the commencement of the harvest season. Similarly, Baishaki is another harvest festival celebrated in Punjab. Onam is another harvest festival celebrated in Kerala. All these show the regional diversity of festivals in India.
Additional, festivals like Independence Day and Republic Day are celebrated by everyone in the nation irrespective of religious or cultural variations.

Festival Economy

All these festivals in India are bound to attract some business. Every year, thousands of businesses experience substantial growth during **festival seasons**. Businesses like gold, gifts, and sweets flourish during festival days.

The Togetherness

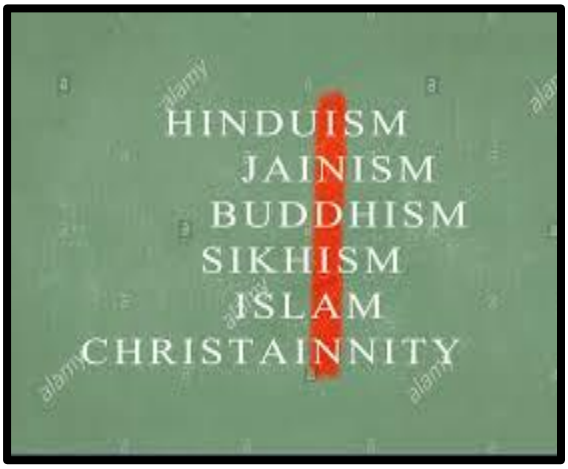
Indian festivals bring out charm and excitement in people, and they celebrate that through gifts. And sweets are a natural part of happiness. It signifies a good event taking place.

A further reason why Indians honor the festivals is that families and friends gather around during that time. Not only family but festivals bind all the citizens of the country as one for the day. Stress escapes the minds of people, and they immerse themselves totally in the spirit of festivals. To see a country unite and celebrate their special occasions, all the while respecting each other's ethnicities, it's truly a wonderful site.

Dr. Monika Gupta, Suraj PG College Mahendergarh

‘Diversity gives beauty and power comes from unity.’

India is a vast country, with an overwhelming population and a wonderful amalgamation of cultures that bring out the beautiful blend that is India today. It is a fascinating feat in itself that so many people, belonging to such different creed and culture and beliefs altogether call India their home.



The festive season in India begins around October and continues throughout the winter till next March or so, but in reality, Indian celebrations never stop; it’s a never-ending cycle!

There is a catalogue of festivals that are celebrated wholeheartedly by the Indian population. Beginning from Diwali, Holi, Ganesh Chaturthi till Eid and Christmas, the people of India relish a diverse array of festivals.

The festivals such as Ganesh Chaturthi, Pongal and Onam are celebrated in some parts of India and yet they are considered major festivals of the country. The best part about these festivals is that they are based on a variety of factors such as change of season, harvest, movement of the moon and the uniqueness lies in their propagation of same virtues that of tolerance, sacrifice and victory.

The most wonderful thing about festivals is they bring nations, neighbours and different communities together. They bind the entire humankind with the joyous thread of happiness and celebrations. They not only promote national integration, but the world peace also.

As Keats has said, “***A thing of beauty is a joy forever.”*** So the festivals of the world are the beauty and soul of the world.

Ms. Rajni | TGT English
Suraj School Sec. 75, Gurugram

FESTIVALS - AMALGAMATION OF UNITY IN DIVERSITY

From the high mountain ranges, vast seas , countless rivers and streams to dark forests ,sandy desert and snowy hills, all have contributed to the exceptional culture, heritage and diversity of India . Among the people there are numerous races, castes, religions, traditions and languages. There is catalogue of festivals that are celebrated wholeheartedly by Indian population. Ranging from Diwali, Holi, Ganesh Chaturthi to Eid and Christmas. The varied festivals not only reveal the religious diversity but also the culture amalgamation existing in the country.

We celebrate festivals of each religion with equal zeal and vigor, and this also proves each time how our unity lies in diversity. Diwali is the festival of Hindus but you won't find a Muslim or a Christian child who stays at home when all his friends and neighbors are busting crackers at the local park! Again do you think that on Christmas Eve, when all the churches and restaurants are dressed up for a long party, the people belonging to the other communities stay back at home and gaze at the festivities going on? No, not at all! They are out there partying as hard as, their Christian friends! This is where the strength of India lies.

In spite of these diversities, Indians feels a sense of unity and oneness among them. We are like different beads joined together by an invisible string. Our country’s legacy, history, deep rooted value system bind us as one.

Degree College Gurgaon

UNITY & DIVERSITY

"We may have different skin colour, different believes, different languages and customs, but we all belong to 1 country INDIA“

UNITY means 'integrating together' and DIVERSITY means ' having variety' therefore the term 'Unity in Diversity' is basically used for Indians, who dwell together in spite of enormous dissimilarities.

India is a Secular Land. At every few kilometers we fi variations. People here gel together despite of havin disparity in religion, rich cultural, mesmerizing folk songs - dances, pool of delicacies and vernacular languages.

Festivals play an essential part in strengthening unit as people par religious believes come together to celebrate Holi, Eid, Guru Nanak Jayati, Christmas etc with same zeal and enthusiasm.
All these things documents unity in diversity in an undocumented manner and we as Indian citizens are proud to co-exist and have ‘**Ekta mein Unekta**'.

Vasvi Grover | TGT EnglishSuraj School Sector - 56

SURAJ SCHOOL KOSLI

Rise and Shine

As the moon returns home, she whispers to the sun,
"Time to rise and shine. The world awaits you."
While the sun stirs, he peeks his head out from underneath
the blanket of the night's sky.
He stretches and yawns, slowly making his way up to grand stage.

He looks back to catch a glimpse of his love and smiles
She winks back. "Show time!"
In an instant, he is ready to embrace the world again.

And with his arms spread wide open
he gently kisses the horizon,
realities releasing his beautiful display of strength
and splendor for all to enjoy.

As he makes his way higher into the sky, he calls out
to all who listen.
"Hello big beautiful world! It's a brand new day.
So make it a good one!"

By - Parmila (Physics)

कला पर सर्वश्रेष्ठ सुविचार:-

- कला कोई वस्तु नहीं ; यह एक प्रक्रिया है।
- कला आशा का सर्वोच्च रूप है।
- कला में कुछ भी अनिवार्य नहीं है, क्योंकि कला स्वतंत्र है।
- कला मनुष्य का प्रकृति के साथ सामंजस्य है।
- कला का कभी अंत नहीं होता, वह केवल छोड़ दी जाती है।
- कला जीने का एक तरीका है।
- कला व्याकुल करती है, विज्ञान आश्वस्त करता है।
- कला वहाँ बोलती है, जहाँ शब्द व्याख्या करने में असमर्थ हो जाते हैं।
- कलाकार कभी असफल नहीं हो सकता, यह होना ही सफलता है।
- बुद्धि का सही संकेत ज्ञान नहीं बल्कि कला है।
- कलाकार की एक तस्वीर हजारों शब्दों के बराबर होती है।
- कला छाँव की तरह सुहानी और आहार की तरह जरूरी है।
- कला प्रेम की अभिव्यक्ति है, इसके अलावा कुछ नहीं।
- कला केवल अनुभव है, किसी समस्या का सुत्रीकरण नहीं।
- कला मनुष्य का स्वभाव है, प्रकृति ईश्वर की कला।
- कला सबसे लंबी खामोशी है ।

Sudesh Yadav | (Co-Ordinator)
Sueaj School Kosli

ऐ नए भारत के दिन बता

ऐ नए भारत के दिन बता
ऐ नदियाँ जी के कुंभ बता
उजरे -कारे सब मन बता
क्या कोई गंगा नीति याद है
क्या गंगा जगाना याद तुम्हें
या कुंभ दीप जलाना भूल गये
या भूल गये कि कुंभ सिर्फ नहान नहीं
क्या श्री कृष्ण वाक्य तुम भूल गये

गौतम गांधी नानक महावीर
क्या कुछ भी तुमको याद नहीं
क्या भूल गये चोरा कबीर
क्या रैदास कठोती याद नहीं
हुआ हर्ष-चन्द्र--चाणक्य का वास यहीं

यहीं मानस की चौपाई गढ़ी
क्या गंगास्टक याद नहीं
न याद तुम्हें अब रामायण
तुम भूल गये 'एकला चलो' वाणी
क्या भूल गये तुम धर्म-व्रत
क्या योग भी अब याद नहीं

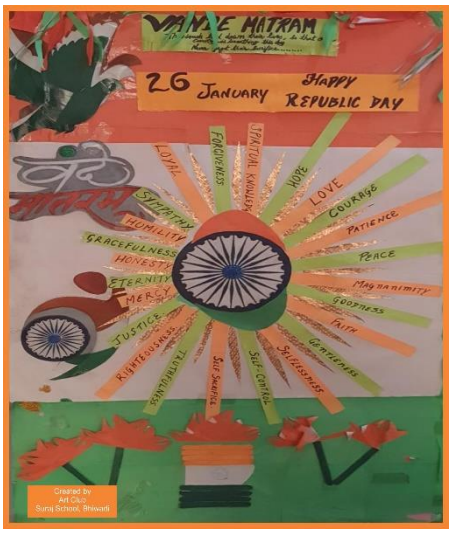
क्या भूल गये अब नवरात्र-सांसी
क्या दशहरा, दीपावली की रौनक
सब अब तुम भूल गये
ऐ नए भारत के दिन बता
क्या भूल गए तुम भारत का इतिहास।

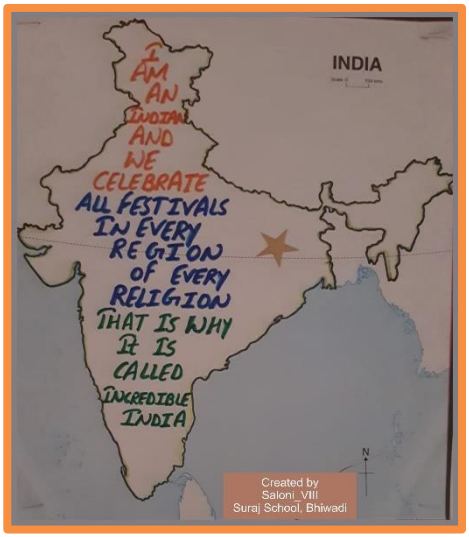
Manisha Yadav
PGT (PHYSICS)
SURAJ SCHOOL, KOSLI

Sueaj School Kosli

Art Gallery

Suraj School Rewari





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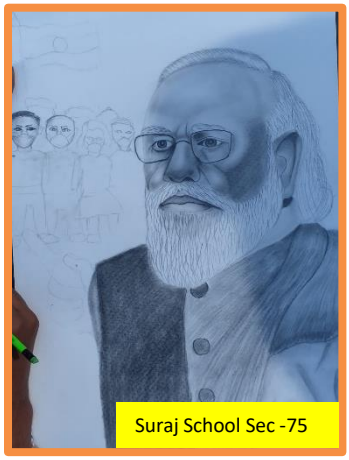

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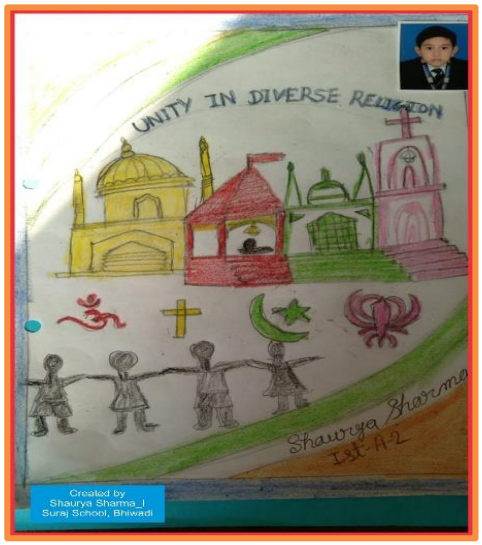
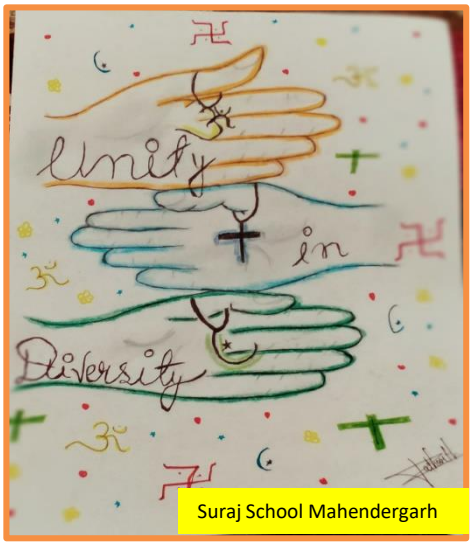


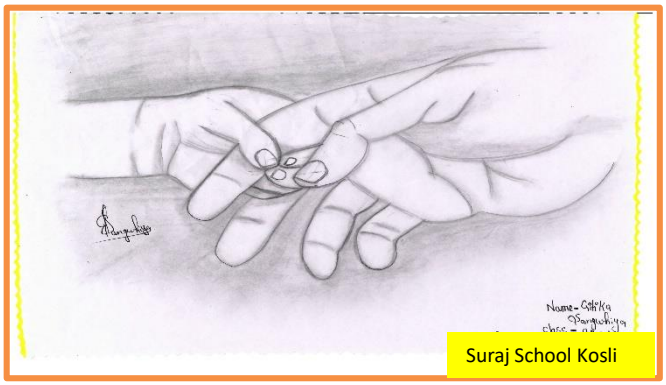


Suraj School Mahendergarh

Suraj School Sec- 75

Suraj School Mahendergarh

Suraj School Mahendergarh



Suraj School Kosli

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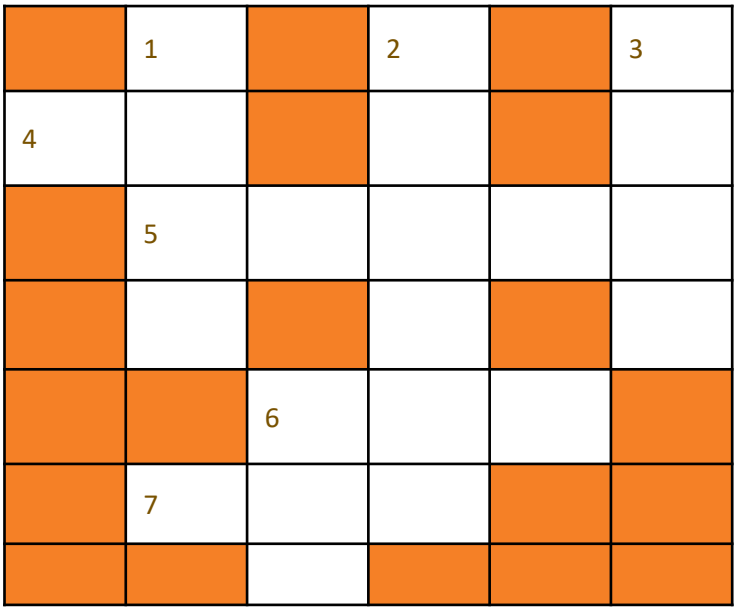
Hindi Crosswords Puzzle



बाएँ से दाएँ

4. मेंढक।
5. आरोपित; कथित; जिसपर अभियोग लगा हो।
6. 1. मनोभाव; मन 2. मन में उत्पन्न संकल्प 3. मन में सोचा या विचारा हुआ।; मन से; मन के द्वारा।
7. जीरा।

ऊपर से नीचे

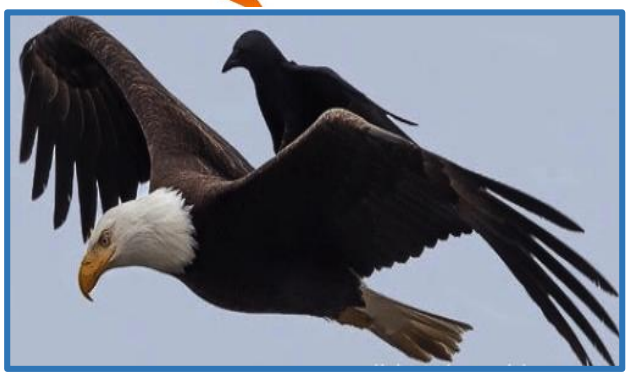
1. 1. बहादुरी; वीरता 2. रणकौशल
2. 1. पहने हुए आभूषणों के परस्पर टकराने से उत्पन्न होने वाली ध्वनि 2. घुँघरू की आवाज़।
3. 1. पुराना धर्म या परंपरागत धर्म 2. वर्तमान हिंदू धर्म जिसके संबंध में उसके अनुयायियों का विश्वास है कि यह बहुत प्राचीन काल से चला आ रहा है तथा विभिन्न देवी-देवताओं की पूजा-उपासना; मूर्तिपूजा; पुराण; तंत्र; तीर्थ; श्राद्ध तथा तर्पण आदि इसके प्रमुख अंग हैं; पारंपरिक हिंदू धर्म।

6. 1. पीटना 2. जान लेना; हत्या करना; प्राण लेना 3. प्रहार करना; चोट पहुँचाना 4. पछाड़ना 5. पकड़ना; हराना 6. कूटना; ठोंकना 7. प्रभावहीन कर देना।

हल 14th Puzzle

1 ह			2 ख		3 अ
र			ट		यौ
4 म	हा	वी	र		गि
ल			5 प	6	क
	7 मॉ	नी	ट	र	
8 झा			र		9 जी
10 वा	इ	न		11खा	जा

DID YOU KNOW?



Bird photographer Phoo Chan captured once-in-a-lifetime photos of a raven that hitched a ride by landing on the back of a bald eagle (who didn't seem to mind).

Please Send All Quiz Answer
at : +91- 9811590519
editor@surajschool.com

SUDOKU PUZZLE

1	4	7		8			3	
5		9	3					
3				7		9		
	1			2			4	
	3		7					6
	5	1	6			4		
			5				9	
	7		1				2	

HOW TO PLAY SUDOKU

The goal of Sudoku is to fill in a 9×9 grid with digits so that each column, row, and 3×3 section contain the numbers between 1 to 9. At the beginning of the game, the 9×9 grid will have some of the squares filled in. Your job is to use logic to fill in the missing digits and complete the grid. Don't forget, a move is incorrect if:

- **Any row contains more than one of the same number from 1 to 9**
- **Any column contains more than one of the same number from 1 to 9**
- **Any 3×3 grid contains more than one of the same number from 1 to 9**

DID YOU KNOW

A hummingbird's tongue is so long that it curls up into its skull and around its eyes when not in use.

हल 14th Puzzle

1	4	9	2	5	7	6	8	3
2	8	3	4	6	1	9	7	5
7	6	5	3	8	9	4	2	1
3	9	2	6	4	8	1	5	7
8	7	4	9	1	5	2	3	6
6	5	1	7	2	3	8	4	9
4	2	7	1	3	6	5	9	8
9	1	8	5	7	4	3	6	2
5	3	6	8	9	2	7	1	4

Please Send All Quiz Answer
at : +91-9811590519
editor@surajschool.com

SPORT : GOLF

Golf is a club-and-ball sport in which players use various clubs to hit balls into a series of holes on a course in as few strokes as possible. Golf, unlike most ball games, cannot and does not utilize a standardized playing area, and coping with the varied terrains encountered on different courses is a key part of the game. The game at the usual level is played on a course with an arranged progression of 18 holes, though recreational courses can be smaller, often having nine holes. Each hole on the course must contain a teeing ground to start from, and a putting green containing the actual hole or cup 4+1⁄4 inches (11 cm) in diameter. There are other standard forms of terrain in between, such as the fairway, rough (long grass), bunkers (or "sand traps"), and various hazards (water, rocks) but each hole on a course is unique in its specific layout and arrangement.

Basic forms of golf

There are two basic forms of golf play, match play and stroke play. Stroke play is more popular.

Parents, guardians, anyone can submit their articles for school magazine. Education Institutions, Individual can also subscribe e-magazine “Urja”. Yearly subscription is available at printed price, however its free for Suraj School Students. Anyone can subscribe and can advertise in the school magazine.

For your suggestions, subscription, feedback, complaint etc.

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Thank You

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